



Northwestern
Psychoanalytic
Society & Institute

NPSI Annual Membership Meeting Minutes and Committee Reports

November 16, 2016

Officers:

President – Caron Harrang, LICSW, FIPA
Secretary/Treasurer – Maxine Nelson,
LICSW, FIPA
Director of Training – Dana Blue,
LICSW, FIPA

Directors:

David Jachim, PhD, FIPA
Adriana Prengler, LMHC, FIPA
Candidate Representative –Julie
Hendrickson, MA, LMHC

Administrative Staff:

Recording Secretary – Hollee Sweet

Present: Maxine Anderson, Margaret Bergmann-Ness, Mirta Berman-Oelsner, Dana Blue, Lynn Cunningham, Judy K Eekhoff, Caron Harrang, David Jachim, Maxine Nelson, Robert Oelsner, Dave Parnes, Adriana Prengler, Marianne Robinson, Barb Sewell

Absent: Julie Hendrickson, Hollee Sweet

I. The meeting was called to order at 7:30 p.m.

The Annual Membership Meeting is open to all candidates, full members, and community members. Those attending are listed above as well as Board members who were absent. Caron Harrang acted as Recording Secretary for this meeting.

II. Review of 2015 Annual Meeting Minutes.

The 2015 minutes were sent to the NPSI Community prior to the meeting and approved by unanimous vote of the full members present. Minutes for this year’s meeting will be approved by email and sent to the NPSI Community listserv

III. Annual Report by the President and Committee Chairs (Appendix A)

Caron Harrang introduced the agenda for the meeting and gave an overview of the activities of the Board of Directors for the fiscal year July 1, 2015 to June 2016 including some of the activities planned for fiscal 2016-17.

Secretary-Treasurer Maxine Nelson detailed the organization’s financial position and reported on the activities of the ad hoc Finance Committee formed in 2015-16 to develop policies and procedures consistent with long-range strategic goals and operational planning.

Dana Blue introduced the section of the annual report pertaining to the Institute (Education Committee) and Subcommittee Chairs presented reports on Admissions (Maxine Nelson), Candidate Group (Dave Parnes), Curriculum (Barb Sewell), Progression (Judy K Eekhoff), Psychoanalytic Psychotherapy Program (Maxine Anderson), Training and Supervising Psychoanalysts (Dana Blue). Dana also presented a report on the ad hoc Distance Learning Subcommittee co-chaired with Caron Harrang.

Caron Harrang introduced reports pertaining to the Society and Committee Chairs presented on the activities of EBOR2016 (Rikki Ricard), ad hoc Ethics (Marianne Robinson), and Publications (Maxine Nelson). It was announced that Adriana Prengler is the Chair of the newly formed Continuing Education Committee that will oversee scientific meetings, study groups, and special event workshops. Society members wishing to join this committee are invited to contact Adriana at lalipren@gmail.com.

IV. Voting on revisions to NPSI Bylaws.

Full members voted to approve two amendments to the NPSI Bylaws:

1. Changing Director's term of office from 3 years to 2 years effective November 16, 2016.
2. Enlarging the number of directors on the Board from 4 to "from 4 to 12."

V. Election of Officers and Directors.

Secretary Maxine Nelson distributed ballots. Full members voted to elect Caron Harrang for a second term as President of the Board of Directors; Maxine Nelson for a second term as Secretary-Treasurer; and Dana Blue for a first full term of Director of Training (having completed the remainder of the term after Maxine Anderson resigned midterm in June 2015).

VI. Outstanding Community Member Service Award.

Each year since 2012 the Board of Directors has recognized the exceptional contributions of one of our Community Members through an award presented at the Annual Membership Meeting. This year the award went to Claudette Cummings, PhD for her passionate commitment to and tireless work on the Organizing Committee (Rikki Ricard, Chair) of the Eleventh International Evolving British Object Relations Conference: The Feeling Mind and Lived Experience—Clinical Transformations in Psychoanalysis (October 28-30, 2016).

VIII. New Business: January 11, 2017 Membership Assembly

The meeting concluded without time to discuss the Membership Assembly scheduled for January 11, 2017 (7:30 to 9:00 p.m.) on the development of policy regarding academic students and candidates. An email flyer will be sent via Constant Contact to full members in December detailing the agenda for this meeting open to full members.

APPENDIX A
Annual Membership Meeting
Board of Directors and Committee Reports
November 16, 2016

Introduction

Following the NPSI organizational structure reports are grouped in the following sections:

- I. Board of Directors (President's report, Secretary-Treasurer's report)
- II. NPSI Institute (Education Committee)
- III. NPSI Society (EBOR2016 Committee, Ethics Committee, and Publications Committee)

I. Board of Directors

President's Report_Caron Harrang, LICSW, FIPA

Although my report as President of NPSI focuses on the activities of our psychoanalytic organization during the preceding fiscal year from July 1, 2015 to June 30, 2016, it is inconceivable to me to begin this meeting without acknowledging the events of the past week that have affected us all so deeply. I am speaking of the national political situation and our nation electing Donald Trump, a very controversial figure, to the office of President. Elaborating on what I said in my email to the community last week, I realize that our membership includes those who voted for Hillary Clinton and expected her to win, who are deeply disappointed and perhaps worried about the future under a Trump administration. At the same time, we are not a monolithic group and there may be some of us who voted for Trump that are feeling quite differently about the election. One thing for sure, everyone has been profoundly stirred emotionally and we are all talking about it and trying to think about what it means. This turbulence and need for containment no doubt extends to your work with the men, women, and children you treat in your practices on a daily basis.

So, what can we do as individuals and as members of a psychoanalytic membership group in the face of unexpected change and uncertainty? I was inspired this week by a comment made by Maureen Murphy, who is the Chair of the North American Psychoanalytic Confederation, in response to this question that I'd like to share with you. She said, "My own feeling is for every organization to make whatever gesture [or] action that we can so that we don't slip into complacency—that each group attempts to strike a balance between business as usual and living in a time when there is no usual." Following from Maureen's sage advice, I'd like to suggest that we too try in this meeting to strike a

balance between attending to the business at hand while keeping in mind our own lived experience of the events of the recent past and that of everyone gathered here tonight.

Briefly, our agenda includes my report on the activities of the Board of Directors followed by Secretary-Treasurer Maxine Nelson's report on our financial position and ad hoc Finance Committee. Director of Training Dana Blue will introduce the report on the Institute given by the Chairs of each Education Subcommittee. I will then introduce the individuals running for key positions on the Board of Directors and two proposed amendments to our Bylaws followed by a vote of full members. Votes of the election will be counted and the results announced by the Secretary-Treasurer, Maxine Nelson. Following the election, I'll present this year's recipient with our annual Outstanding Community Member Service Award.

Regarding activities of the Board, this has been an extremely busy and productive year. The Liaison Committee (Caron Harrang and Maxine Nelson) continued its work to represent NPSI on the CIPS and NAPsaC Boards of Director. This resulted in clarification of the IPA policy on remote analysis and policy changes summarized in the Institute report. Additionally, Caron worked on a CIPS Task Force to develop a new program for Board Certification in Psychoanalysis. The beta version of this program launched in July and NPSI training and supervising analysts were the first testers of the online application process. Board Certification in Psychoanalysis is now available to all CISP members who qualify and is widely seen as a step toward the possibility of licensure in psychoanalysis on a state-by-state basis.

Caron Harrang and Maxine Nelson worked with Erin Carruth and Susan Nelson to produce the first NPSI/Alliance co-sponsored weekend workshop featuring Joseph Aguayo, PhD, FIPA (PCC) comparing the theoretical and clinical differences between Donald Winnicott and Wilfred Bion. The event was very successful and generated approximately \$1,500 in revenue after expenses for each organization.

In March the Board voted unanimously to approve a motion requiring directors to donate annually, the amount of which is at the director's discretion. The candidate representative to the Board is excluded from this requirement. We encourage all members to do the same within the limits of each individual's budget.

A Member Survey was conducted in May with a total of twenty-two members participating in the online survey: 5 candidates, 11 full members, and 6 community members. Of that group 63.64% report that they have benefited "very much" from membership and 36.36% report benefitting "somewhat." Of those surveyed 81.81% are currently serving or have served on a committee at some time. This is significant even as we have several key positions open and need more members to participate on committees and on the Board. At least 40.91% report feeling "very satisfied" with their experience serving on a committee or as a volunteer. Of those serving on committees 63.64% report feeling appreciated by the organization for their committee or volunteer work, yet 36.37% percent report feeling neutral or "not much" appreciated. Clearly, we can do a

better job letting our volunteers know how much we need and appreciate their contributions.

Nearly half (40.91% or 9 individuals) of those surveyed have served on the Board of Directors. Of that group 60% report feeling “very satisfied” or “somewhat satisfied” with their experience and 40% report feeling “neutral” or “not very satisfied.” It should be noted that the current Board all reported feeling “very satisfied” or “somewhat satisfied” with their experience. Again, the Board is striving to make the experience more enjoyable and rewarding by shortening a director’s term to 2 years, from the current 3, and recruiting expertise from the business community. Significantly, 90.91% of those surveyed feel that belonging to NPSI is a “very important” or “somewhat important” part of their professional identity.

When we asked what events and programs we sponsor are most important to members, here’s what you told us (respondents were directed to “check all that apply”): EBOR 68.18%; scientific meetings 63.64%; psychoanalytic training 50%; study groups 50%; NPSI listserv 45.45%, *Selected Facts* newsletter 36.36% and our newest program The Fundamentals of Psychoanalysis 18.18%. For additional details members are welcome to read the Member Survey (May 2016) available in the NPSI Library. Contact Administrator Hollee Sweet to check out and read the Survey (admin@npsi.us.com).

In August the Board held its Annual Retreat the results of which are summarized in the NPSI 2016-19 Strategic Plan (http://npsi.us.com/uploads/NPSI_Strategic_Plan_2016-19.pdf). In September the Board convened a half-day retreat with the NSPI Advisory Council that was similarly productive. The Board/Advisory Council Retreat is scheduled next year for September 9, 2017 (9:00 a.m. to noon) at the home of Maxine Nelson.

Plans for the current fiscal year (2016-17) are focused on growth and succession. In this regard, we want to thank Adriana Prengler, who completed a three-year term as a Director on the Board and is moving on to Chair our new Continuing Education Committee.

Secretary-Treasurer’s Report _Maxine Nelson, LICSW, FIPA

Introduction

Part I of this report summarizes the NPSI financial position as well as listing major recurring expense categories and sources of revenue.

Part II describes the activities of the Ad hoc Finance Committee to develop policies and procedures to enable the NPSI Board to set organizational and program goals tied to our three year strategic plan (http://npsi.us.com/uploads/NPSI_Strategic_Plan_2016-19.pdf).

Part I: Financial Position

In fiscal 2015-16 NPSI realized net revenue of \$6,679.85. In order to protect the fiscal health of the organization we encourage all members to consider making an annual tax deductible donation to support the activities of the NPSI Society and Institute (e.g. expansion of distance learning services to members). This can be done online under the “Join and Donate” tab on the website (www.npsi.us.com).

In addition, we’d like members to be aware that Amazon has a secondary website, AmazonSmile. Anyone wishing to support the mission of NPSI can register on the AmazonSmile website (<https://smile.amazon.com>) by selecting us as your preferred charity. Each time you shop at AmazonSmile you will receive a pop-up reminder that authorizes Amazon to donate a small percentage of the purchase price to NPSI. It’s an easy way to donate and participate in helping NPSI to remain fiscally healthy.

Financial Position:

- Checking: \$ 45,358.49
- Savings: \$ 15,125.06
- Investment: \$ 24,361.85

Major Recurring Expense Categories:

- Telephone/Website & Email/Constant Contact
- Dues (IPA, NAPsaC, CIPS)
- PEP WEB
- Insurance (Business and Liability)
- Payroll (Administrator)
- Professional fees
- EBOR2016
- Occupancy/Rent

Revenue Sources:

- Membership dues (Full Members and Community Members)
- Candidate tuition
- Cash donations
- Psychoanalytic Psychotherapy Program (The Fundamentals of Psychoanalysis)
- Winnicott/Bion Workshop (Joe Aguayo et al.)
- Meltzer Study Group
- Bion Study Group

Part II: Ad hoc Finance Committee

Brandi Conforth, CPA
David Jachim, PhD, FIPA
Maxine Nelson, LICSW, FIPA (Chair)

Patrick Nalbone, PhD

An Ad hoc Finance Committee was established at the beginning of 2016 and has had three meetings to date. The committee consists of NPSI Secretary-Treasurer Maxine Nelson, LICSW, FIPA (Chair), Director David Jachim, PhD, FIPA and two members of the NPSI Advisory Council, Brandi Conforth, CPA and Patrick Nalbone, PhD.

The committee's mission is to develop policies and procedures to enable to NPSI Board to set organizational and program goals in relation to both a long-range strategic plan and to an annual operations plan consistent with overall operating expenses and income. Prior to accomplishing this, the committee worked with NPSI Administrator Hollee Sweet to develop an income and expense recordkeeping system with standardized monthly, quarterly, and annual report formats.

Here is a summary of what the committee has accomplished thus far:

1. We reviewed the Project Statement of Activities (P & L) developed by Brandi and Hollee. We also compared this to the spreadsheet format used by the IPA, which is broken down by programs. After some discussion, committee members agreed that the IPA spreadsheet would not be helpful to the Board at this point in our budget development process.
2. We discussed including allocated costs (percentages of our administrator's salary) as they are broken down per project. It is understood that the amount of allocated costs related to salary will vary from month to month, depending on which program (i.e., overall, training, EBOR, etc.) the administrator is primarily focused. We agreed that this would be reviewed approximately every six months.
3. We also discussed creating projections by looking at expenses in each program for the prior year and estimating any changes.
4. The committee discussed growth as being a primary mission in the NPSI Strategic Plan. Revenue can be increased the following ways: tuition, membership dues, fundraising, and (required) Board donations.
5. The next meeting for the Finance Committee is scheduled for December 11, 2016. The purpose of the meeting is to begin discussions with NPSI Board members and committee chairs on creating budgets for their programs. In addition, we will continue working to create a provisional budget for fiscal year 2016-2017.

II. NPSI Institute

Director of Training Report_Dana Blue, LICSW, FIPA

*Each section of this report is authored by the Committee or Subcommittee Chair.

Education Committee:

Dana Blue, LICSW, FIPA (Chair and Director of Training)
Maxine Nelson, LICSW, FIPA (Admissions Subcommittee)
Judy K. Eekhoff, PhD, FIPA (Progression Subcommittee)
Barb Sewell, LMHC, FIPA (Curriculum Subcommittee)
David Parnes, LICSW (Candidates Subcommittee)
Connie Sais, LMHC (Recording Secretary)

Introduction

In early 2016, Maxine Nelson assumed the Admissions Chair. There are three vacancies on EC: Psychoanalytic Psychotherapy Program Chair; Training Analyst Chair, and Dean of Students.

The primary mission of NPSI is to provide the highest quality psychoanalytic education and training for individuals seeking to become psychoanalysts and psychoanalytically informed psychotherapists.

The main objective of the Education Committee is to oversee all aspects of training offered at NPSI. This effort touches everyone involved in the training; faculty, candidates, and training and supervising analysts.

Psychoanalytic training is the primary activity of NPSI, and the EC is the primary locus for its cultivation and maintenance. As such, the EC is comprised of the chairs of each subcommittee: Admissions, Candidates, Faculty and Curriculum, Progression, Psychoanalytic Psychotherapy Program, and Training and Supervising Psychoanalysts. The EC functions to establish policy for the Institute, and as a bi-directional communication hub to coordinate activities of its component subcommittees. To further this coordination, the Director of Training also sits on the NPSI Board of Directors. Some or all members of the EC meet periodically with the candidate group to discuss policy and other matters of interest.

This report begins with a summary of EC activities overall, continues with reports from each of subcommittee outlining the activities of 2016, and concludes with a glimpse of plans for work in the coming year.

Summary of Activities

NPSI Institute Accreditation:

In summer 2015 the Accreditation Council for Psychoanalytic Education (<https://www.acpeinc.org>) granted NPSI an initial one-year accreditation for our training program in psychoanalysis. The primary reasons for not obtaining full accreditation was the lack of policy requiring training and supervising analysts to be Board Certified in Psychoanalysis and needing a more detailed budget tied to revenue sources. In July, the EC, supported by the NPSI Board, prepared and filed an extensive follow-up report

outlining progress we have made on issues identified in our initial accreditation. We were then granted full accreditation (5 additional years). A most welcome development!

Policies and Procedures Manual:

Throughout this report you will notice an emphasis on this effort to formalize and make more transparent the rules that guide our operations. Thus, the Education Committee has begun work on a Policy and Procedures Manual. We estimate that the Manual will be completed this fiscal year (2016-17), and will be available in the NPSI library for easy reference by all members of the Society.

New Policies:

The EC met most months in this fiscal year (July 1, 2015 – June 30, 2016), gathering together Chairs of NPSI Institute subcommittees to exchange information and establish policies.

The most significant changes to Institute policy this year include the decision to prohibit remote analysis for candidates in training, and the decision to allow credit for one of three training cases at a frequency of 3-5 times per week. The other two training cases are required to meet at a frequency of 4-5 times per week.

Subcommittee Reports

Admissions Subcommittee:

Maxine Nelson, LICSW, FIPA (Chair)

Dana Blue, LICSW, FIPA

Margaret Bergman-Ness, LICSW, Candidate Representative

A primary accomplishment of Admissions this past year was to hold an extremely successful Clinical Open House in early April 2016. Three psychotherapists applied for psychoanalytic training following our Open House.

The committee's second accomplishment was to formalize procedures for the admissions process. These procedures are as follows: Applications are received by our administrator, and checked for completeness. They are then sent to the Chair of Admissions. The Chair then selects a team of unbiased reviewers for each application. Each reviewer completes an independent review; the Admissions committee (without the candidate representative) convenes a meeting to discuss each application with the reviewers; a decision is reached, and the applicant is informed in writing of the decision.

This year, these procedures were used to process three applications. Two applicants accepted admission. It was decided to offer a pre-didactic year for this group, and Admissions worked with the Chair of Curriculum to design a program for this pre-didactic year. This program includes a didactic component (participation in The Fundamentals of Psychoanalysis Certificate Program); a clinical component (a monthly

clinical seminar led by NPSI faculty); personal analysis; and inclusion in monthly Candidate group meetings.

A final task of the Admissions group is to orient new candidates. An Orientation was offered in October for our newest candidates. The class will begin the four-year didactic training in fall 2017. Admissions also seeks to increase the size of the cohort through the following efforts:

1. To hold several Clinical Open Houses, where licensed mental health professionals interested in learning about psychoanalytic training at NPSI may gather in a private home. One of the participants is provided with an opportunity to present clinical material to an NPSI training and supervising analyst and discussed with the group.
2. Encourage prospective candidates and clinicians interested in training to attend NPSI Scientific Meetings, beginning in February 2017.
3. Outreach efforts will be made to clinicians in the community through notices posted on the listserv for The Alliance and the Washington State Society for Clinical Social Work.

Candidates Subcommittee:

Candidate Group: All current candidates (<http://npsi.us.com/society/member-roster>)
David Parnes, LICSW, Candidate President (Chair)

The purpose of the Candidate Subcommittee is to provide support to the candidates during their training, to coordinate candidate communication with the others in the Institute, and advocate for candidates within the context of the Institute. Candidates meet as a group once a month. Candidate reps participate in each of the Subcommittees (Education, Curriculum, and Progression) and report back to the candidate group at monthly meetings.

The candidate group worked collaboratively to further develop and refine the NPSI Referral Service, offering flexible fee supervised psychoanalysis to individuals in the Greater Seattle area. Information about the Referral Service is also now available on the NPSI website (www.npsi.us.com).

The candidate group, as a whole, is progressing through the training, with feedback from the Progression Subcommittee indicating that training is proceeding with renewed vitality.

This fall, we welcomed two new candidates to the group, Mary Sacco and Ambre Olsen. The group has added Ambre and Mary to the candidate listserv and to our monthly meetings.

Curriculum Subcommittee:

Barbara Sewell, LMHC, FIPA (Chair)
Esti Karson, PhD, FIPA
Anna Delacroix, LMHC, Candidate Representative

Josh Cohen left the committee and Anna Delacroix joined the committee within the 2015-16 fiscal year. Maxine Nelson resigned from the committee after 5 years of much appreciated service in the summer of 2016.

Primary tasks of the Subcommittee:

1. To arrange teaching assignments for the Institute, including the didactic and clinical seminars.
2. To periodically evaluate the entire curriculum offered by the Institute.
3. To review each syllabus developed for the didactic seminars, and offer suggestions to faculty who are preparing the syllabus for each seminar.
4. To review and discuss evaluation forms completed by candidates about each course and about each faculty member teach each seminar. The subcommittee provides written and/or verbal feedback to faculty members based on candidate feedback.
5. To interface with the Education Committee (EC) with the Chair of Curriculum being a member of the EC and to interface with candidates through having a candidate representative on Curriculum, as well as the Candidate President being a member of the EC.

Developments in the 2015-16 Academic Year: In addition to carrying out our primary tasks, listed above, the following issues among others were addressed by Curriculum:

1. Much ongoing discussion about how to include ethics as an ongoing part of the training. Currently it is incorporated into classes and class discussion and the feedback from candidates was that they like it integrated. We have talked about and continue to discuss whether to sponsor a 6-hour ethics event that would fulfill CEU requirements.
2. Discussion regarding the mid-training Oral Examination. Curriculum recognizes the need to balance rigor of training with creativity, and a learning process that is idiosyncratic. We discussed how to have some standardization of the Oral Examination process and whether to have a standard committee for a whole cohort (as compared with the current model of having different committee membership for each exam).

3. Teaching Assignments: It has proven somewhat difficult to fill the teaching assignments due to analytic conflicts and schedule conflicts this year. We decided to combine the candidates for clinical seminars in order to make a more robust class. We have discussed several possible ways to encourage/inspire/motivate teachers and fill teaching needs:
 - A. Payment: We brought up payment of instructors to the Education Committee.
 - B. We discussed requiring training and supervising analysts to teach a certain number of times over the years. (No action on this item.)
 - C. We discussed dividing each term into two 6-week blocks (from 12), and surveyed faculty to assess the wish to teach a 6-week block rather than a 12-week term. Based on feedback, and in the spirit of creativity, we decided to keep the term at 12 weeks in length, but to enlist two instructors for each class who will determine the syllabus and class. Each instructor team will determine if they will teach together the entire 12 weeks or teach sequentially in two 6-week blocks. Due to difficulty with scheduling, we decided to combine two topics this year. The French Psychoanalysis and The Contemporary Kleinians courses were combined in winter term, and offered in sequential 6-week blocks.

Note: Curriculum is keenly interesting in hearing members' ideas regarding filling our teaching assignments.

4. Guidelines for Faculty teaching at NPSI: We documented the current guidelines, as we understand them, for teaching at NPSI. (Addendum A)
5. We revised the NPSI working policy regarding auditors for NPSI didactic classes. (Addendum B)
6. A Faculty Appreciation potluck dinner was organized in September 2016 and held at the home of Judy Eekhoff. Many faculty members attended and expressed appreciation for the opportunity to gather.

Addendum A Curriculum Subcommittee Guidelines for Faculty

Clinical Seminars: We follow the guidelines of the IPA regarding teaching clinical seminars. As such, a training and supervising analyst must anchor the clinical seminars. There may be a co-instructor who is not a TA.

Didactic Seminars: Currently we aim to have two instructors teach each didactic seminar. This gives an opportunity for newer analysts to learn from more seasoned instructors and helps to balance class dynamics.

Visiting Faculty: The current protocol that has been established through a series of hard knocks is that if there is a visiting teacher he or she does not need to be a TA. However, the individual must be vetted by Curriculum. In vetting the name

(and training if unknown) must be submitted to Curriculum and if approved to the EC.

Full Faculty Requirements: A question has been raised and remains open as to whether prospective faculty needs to become full members of the NPSI Society.

Addendum B
Policy for Auditing NPSI Didactic Courses
(Revised December 2015)

Criteria:

1. Candidate level or graduate analysts from IPA affiliated institutes.
2. Attendance in class expected as with other class members. Preparation for classes by completing all readings. Active participation in the class. No paper presentations required.
3. Payment of full tuition required.
4. Faculty of the class to be consulted for approval of auditing students.
5. Director of Training to review and approve all auditor applicants.

Process for Prospective Auditors:

1. Contact Chair of the Curriculum Committee at least two weeks before the term begins.
2. Chair will consult with Instructor/s and Director of Training of class to be audited.
3. Chair will consult with the Curriculum Committee so that a thoughtful determination can be made, considering variables such as class size, number of auditors and ratio of cohort to auditors to privilege the core class itself.
4. Following this Chair to Curriculum will communicate acceptance or not to prospective auditor.
5. All candidates should be informed a week in advance.

Progression Subcommittee:

Judy Eekhoff, PhD, FIPA (Chair)

Mirta Berman-Oelsner, PsyA, LMHC, FIPA

Barb Sewell, LMHC, FIPA

Lynn Cunningham, LICSW, Candidate Representative

The Progression Committee meets the fourth Wed of every month. Reports are reviewed every other month, alternating with policy and procedural reviews. Reports are expected two weeks before meetings and will be reviewed in November, January, March, May and July. The Candidate Representative attends the policy meetings scheduled for October, February, April and June.

The committee provides ongoing evaluation of the Candidate Handbook and makes recommendations to the EC regarding policy changes. Ongoing updating of the

Candidate Handbook reflect changing policies such as the requirement for analytic frequency, the changing procedures for report writing, and guidelines for choosing training supervisors who meet with candidates face-to-face or via distance learning technology.

Progression also reviews requirements, supporting candidates to meet them while being open to altering them on a case-by-case basis. The committee tightened the descriptions for some of the requirements such as the structure of 6-monthly reports, the procedures for supervision, and the use of remote analysis and supervision. Updates to the Candidate Handbook are placed on the Candidate/Faculty [Login required] page of the NPSI website.

Progression felt all reports should include the date of submission to PC, along with dates covered and the name of the supervisor and a model for these is on the web site. The subcommittee also recommend that letters to candidates regarding their reports will be Cc'd to their training supervisors.

The subcommittee strives to have personal contact with each candidate, holding the uniqueness and individual needs of each in mind while helping them to meet established requirements of training. We plan to meet with all candidates in the first term of 2016 and to arrange a meeting with supervisors sometime during the 2016-17 academic year.

Any questions about progression can be directed to any member of the committee.

Training and Supervising Psychoanalysts Subcommittee:

Maxine Anderson, MD, FIPA

Cecile R. Bassen, MD, FIPA

Mirta Berman-Oelsner, PsyA, LMHC, FIPA

Dana Blue, LICSW, FIPA

Elie Debbane, MD, FIPA

Judy K. Eekhoff, PhD, FIPA

Caron Harrang, LICSW, FIPA

Ken King, MD, FIPA

Robert Oelsner, MD, FIPA

Adriana Prengler, LMHC, FIPA

Marianne Robinson, MSW, PhD, FIPA

Oscar Romero, MD, FIPA

Chair: Vacant [Report prepared by Dana Blue]

The TA subcommittee meets on an as needed basis, this year convening to discuss remote analysis and Board Certification in Psychoanalysis. Following IPA guidelines, remote analysis was disqualified as of June 2016 as a modality for completing the required hours for candidates' training analysis. At the recommendation of ACPE, NPSI embraced the requirement that all of our training and supervising psychoanalysts be Board Certified in Psychoanalysis by an independent certifying organization. This was accomplished via a new program developed by The Confederation of Independent Psychoanalytic Societies,

or CIPS, a coalition of which NPSI is a member. Individually and as a group, we now meet the highest available standards as educators of future psychoanalysts.

Psychoanalytic Psychotherapy Program Subcommittee:

Maxine Anderson, MD, FIPA (Co-Chair)

Dana Blue, LICSW, FIPA (Co-Chair)

Adriana Prengler, LMHC, FIPA (Co-Chair)

In the fall of 2015 NPSI faculty inaugurated a new certificate course titled “The Fundamentals of Psychoanalysis.” This course was the brainchild of Adriana Prengler, aided in its execution by Maxine Anderson and Dana Blue. Course participants met weekly through the academic year to study the bedrock concepts of psychoanalytic theory and technique. Faculty rotated monthly, so that by the conclusion of the course, students had met many NPSI full member and senior candidate instructors in addition to becoming better acquainted with many of the psychoanalytic concepts that underlie our field.

Year One, which was completed in June 2016, proved so popular that students requested a second year. The Co-chairs assisted by Curriculum developed a second year of study. Year Two launched in October 2016 with 10 students, some of whom were continuing from Year One.

Distance Learning Subcommittee:

Dana Blue, LICSW, FIPA (Co-Chair)

Caron Harrang, LICSW, FIPA (Co-Chair)

Dana Blue and Caron Harrang are co-chairing an effort to include distance learners at NPSI. The effort required is considerable, given the need to establish policies, and procedures; procure equipment and select technological platforms to make NPSI training available to learners at a distance; and to secure funding. This is a complex task, involving issues like confidentiality, Health Insurance Portability and Accountability Act (HIPAA) compliance, faculty training and IPA directives on distance analysis (e.g. Skype). The EC respectfully notes that this effort will require resources, both monetary and human, to accomplish. In time, it has potential to bring much needed resources, both monetary and human, to the group. One step taken in 2016 is the decision to purchase a subscription to Zoom, and use the technology to hold some committee meetings. This initial foray will help us to determine the ease of using such technologies.

Conclusion and Plans for fiscal 2016-17

In addition to the establishment of an Education Committee Policies and Procedures Handbook, we intend to cultivate fiscal policy for the Institute that will include the disbursement of financial aid to our candidates, and possible establishment of faculty pay.

Further, we plan to continue to express the mandate of the NPSI Board of Directors (nicknamed “Project Ivy”) to promote growth for the organization overall. Anyone wishing to contribute to the Education Committee by serving as chair of the Training

Analysts Subcommittee, chair of the Psychoanalytic Psychotherapy Subcommittee, or as Dean of Students is invited to contact Director of Training Dana Blue, LICSW, FIPA at dana@dana-blue.com.

III. NPSI Society

EBOR2016 Report _Rikki Ricard, LMHC, FIPA

EBOR Committee:

Margaret Bergman-Ness, LICSW
Gina Balli, LICSW, FIPA
Claudette Cummings, PhD
Lynn Cunningham, LICSW
Ken Cunningham
Anna Delacroix, LMHC
Tony Hacker, PhD, FIPA
Bruce Hall, MA, LMHCA
Julie Hendrickson, LMHC
Rikki Ricard, LMHC, FIPA (Chair)
Barb Sewell, LMHC, FIPA

**The 11th International Evolving British Object Relations Conference
“The Feeling Mind and Lived Experience: Clinical Transformations in
Psychoanalysis”
Sponsored by Northwestern Psychoanalytic Society and Institute
October 28 – 30, 2016**

The planning for EBOR 2016 began in May 2015 with a request issued to Mark Solms, PhD, FIPA to present on his concept of “The Conscious Id”, and of Maxine Anderson, MD, FIPA to present on her concept of “Lived Experience” described in her then yet-to-be-published book, *The Wisdom of Lived Experience* (Karnac, 2016). Shortly following these requests, both Mark and Maxine accepted and the planning was underway.

Rikki formed the organizing committee within the next few months drawing on the talents of NPSI candidates, full members, and community members, and some members of the Seattle Psychoanalytic Society and Institute (SPSI). The committee began meeting monthly in summer 2015 and continued to the conference held over the weekend of October 28-30, 2016. Gina Balli worked as Art Planner for the Friday evening portion of the conference and we solicited contemporary dancer Christian Swenson and visual artist Charlotte Dean to help in the planning of this portion of the conference.

Several elements of the EBOR 2014 Conference were rolled into the planning of EBOR 2016: Pre-conference seminars at NPSI, of which there were 4; Master Classes of which we offered 4 this year instead of the usual 2, with Mark Solms and Maxine Anderson each conducting two two-hour classes with clinical material presented by two different

analysts; a pre-conference fund raiser featuring Juilliard trained pianist Ari Livne; and a spirited donation ask.

The talents of sculptor and visual artist Sabah Al-Dhaher were enlisted to create the EBOR 2016 conference logo. Together with Rikki Ricard, Al-Dhaher created a painting drawing on entoptic images and phosphenes as an inspiration for the logo.

It was also decided early on in the planning process to ask Mark and Maxine to be discussants for the other's plenary presentation.

The opening evening of the conference was focused on the concept of "the playful mind" and an event that was interactional was created called, "Dlala: A Night with the Playful Mind" (Dlala is Zulu for the concept of play), utilizing an impromptu jazz ensemble, The Morganics, visual artists Charlotte Dean and Orion, and performance artists Christian Swenson and Spring.

EBOR2016 followed a traditional format in offering parallel Individual Paper presentations and facilitated small group discussion following plenary presentation by Mark Solms and Maxine Anderson. The Sunday program featured Individual Paper presentations followed by a plenary session in which Mark showed video of his medical work with a neurology patient suffering a right lobe brain injury. Audience members were invited to comment on their perceptions of psychological mechanisms (defenses) at play in a brain-injured patient in contrast to neurological explanations that focus entirely on organic mechanisms. Mark concluded with a plea for psychoanalysts to consider the relevance of psychoanalytic treatment with patients like the one shown in the video in contrast to current treatment focused on organic mechanisms alone.

Over 100 clinicians attended the Master Classes. The Friday evening opening event was attended by conference participants and 20 additional guests (general public, family, and friends). The full conference drew 125 psychoanalysts, psychotherapists, and allied professionals.

There was great enthusiasm in the Seattle psychoanalytic and psychotherapy community for this EBOR and anecdotal comments to the organizers suggests that it was very well received. Nearly all members and candidates of NPSI contributed in some way to the conference, along with a number of people from SPSI playing pivotal roles.

Ethics Committee Report_Marianne Robinson, MSW, PhD, FIPA

Ad hoc Ethics Committee:

Stan Case, PhD, MSW, FIPA

David Jachim, PhD, FIPA

Marianne Robinson, MSW, PhD, FIPA (Chair)

An ethics complaint that was initiated in February 2015 was concluded in September, 2015. The Committee also recommended to the Board of Directors the addition of two

sections to the Code of Ethics. As a result the following changes were added in March, 2016.

1) VI. 9. Avoiding Exploitation

"Concurrent supervision of candidates by the spouse, significant other or other relative of their analysts should be avoided whenever possible in the interest of maintaining the independence and objectivity of both the supervisory and analytic processes."

2) X. 3. Integrity

"Psychoanalysts should cooperate with ethics investigations and proceedings conducted in accordance with the Provision for Implementation of the Principles and Standards of Ethics for Psychoanalysts. Failure to cooperate is itself an ethics violation."

Publications Committee Report _Maxine Nelson, LICSW, FIPA

Publications Committee:

Anna Delacroix, LMHC

Eric Huffman, LICSW

Maxine Nelson (Managing Editor 2015-16), LICSW, FIPA

David Parnes, LICSW

Hollee Sweet (Chair and Managing Editor 2016-17)

The main activity of the Publications Committee is producing *Selected Facts: Newsletter for Northwestern Psychoanalytic Society and Institute*. The Managing Editor of the newsletter chairs the Publications Committee.

During the 2015-16 fiscal year Maxine Nelson served as Managing Editor stepping down after publication of the spring 2016 issue. After a hiatus of some months the Board of Directors invited NPSI Administrator Hollee Sweet to assume the position of Managing Editor. To their delight she accepted the Board's offer and will begin working with continuing newsletter staff Anna Delacroix and David Parnes to produce a special winter issue due out in December 2016 focusing on conference reviews from the eleventh International Evolving British Object Relations Conference (October 28-30, 2016) sponsored by NPSI.

The committee will be looking for a new Community Member Reporter, to replace Eric Huffman, who stepped down following the publication of the spring 2016 issue.

Major accomplishments this year:

1. *Selected Facts* is sent to a mailing list of just under 1,000 individuals who reside in Washington State, elsewhere in the United States, Europe, and Latin America and will continue to publish three issues per year. The "open rate" for the newsletter is 43-45%.
2. Hollee Sweet has drafted a newsletter Policies and Procedures Manual to ensure a smooth publication process going forward.