

## **Revised Criteria for NPSI Training and Supervising Psychoanalysts (approved by quorum of NPSI Training and Supervising Analysts on January 6, 2022)**

In our efforts toward openness and inclusion, we encourage graduated psychoanalysts to consider ongoing professional development toward the goal of becoming a Training and Supervising Psychoanalyst (TSA) at NPSI. We have found that engaging in these processes, while arduous, helps to solidify one's analytic identity and to authorize one's work as a psychoanalyst. To support interested colleagues in this effort NPSI may offer a (non-mandatory) study group.

Our view is that TSAs hold the future of the psychoanalysis by nurturing the next generation of psychoanalysts-in-training. Thus, they hold positions that require experience in conducting analysis, and the demonstration of personal maturity, stability, resilience, and commitment to both the psychoanalytic endeavor and the community of psychoanalysts and psychotherapists.

These qualities are difficult to measure, but indicators include:

1. Immersion in the practice of psychoanalysis, including the capacity to hold several cases over several years. For those considering becoming TSAs we require that applicants show a minimum of 2500 hours of accrued work conducting analysis at a frequency of 3-5 times per week over five or more post graduate years, although some may have considerably more experience when readiness occurs.
2. Investment in the psychoanalytic community, including activities such as participation on committees, teaching, writing, and presenting on analytic topics.
3. Leadership activities to include chairing committees and serving in key institute and society roles.
4. In accord with our ACPEinc site visitors' recommendations, applicants for TSA will be expected to have achieved board certification as a psychoanalyst through the Confederation of Independent Psychoanalytic Societies (CIPS) or the American Board of Psychoanalysis.

Further, we recommend that NPSI continue to accept as TSA those appointed to these positions by other IPA or APsaA Institutes.