**SAMPLE SYLLABUS**

**Fundamentals of Psychoanalysis I**

**Unit I: What is Psychoanalysis?**

**October**

*The psychoanalytic method; from hypnosis to free association.*  *The Interview and The Contract. The importance of the psychoanalytic frame. Differences between psychotherapy and psychoanalysis.*   *Contradictions and limitations of psychoanalysis.*

**Class 1**

Breuer, J and Freud, S. (1893). On The Psychical Mechanism of Hysterical Phenomena: Preliminary Communication. In Studies on Hysteria. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume II (1893-1895): pp. 1-17.

**Class 2**

Freud, S. (1912). Recommendations to Physicians Practicing Psychoanalysis. The   Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII. (pp. 109-120)

**Class 3**

Freud, S. (1913). On Beginning the Treatment (further recommendations on the technique of psychoanalysis. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII. (pp. 121-144)

**Class 4 - Case presentation**

**Unit II: Basic Psychoanalytic Concepts**

**November**

*The Unconscious.*  *The Psychic Apparatus.*  *Primary Process and Secondary Process. Pleasure and reality principles. Defenses and Resistance.*

**Class 1**

Freud. (1915) The Unconscious. Chapters 1,2,3. S.E. 14, pp. 159-179.

**Class 2**

Freud, S. (1911). Formulations on the Two Principles of Mental Functioning. The   Standard Edition of the Complete Psychological Works of Sigmund Freud, Vol XII. Pp 213-226.

Freud, S. (1915). Repression. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Vol XIV. Pp.141-158.

**Class 3 - Case presentation**

**Class 4** THANKSGIVING HOLIDAY

**Unit III: Libido Theory**

**December**

*Libido Development. Impulses. Oedipus Complex.*

**Class 1**

Freud, S.(1905,1953).Three Essays on the Theory of Sexuality. Chapter 2: Infant sexuality. In J. Strachey (Ed. & Trans.) The standard edition of the complete psychological works of Sigmund Freud (Vol. VII) London, Hogarth Press. pp. 173- 206.

**Class 2**

Freud, S. (1924). The Dissolution of the Oedipus Complex. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XIX (1923-1925): The Ego and the Id and Other Works, 171-180. [...]

**Class 3 – Case presentation**

**Class 4** NO MEETING ON CHRISTMAS/NEW YEAR’S EVE

**Unit IV: Psychoanalytic Technique I**

**January**

*The Frame and the Contract. Psychoanalytic Interpretation. Psychoanalytic Construction.*

**Class 1**

Lemma, A (2003). Introduction to the Practice of Psychoanalytic Psychotherapy. Chichester: John Wiley & Sons Ltd. Chapter 3, The analytic frame and the analytic attitude, pp. 94-130.

Etchegoyen, H (1991). The Fundamentals of Psychoanalytic Technique. London: Karnac Books. Chapter 4, The psychoanalytic interview: structure and objectives, pp. 41- 49.

**Class 2**

Lemma, A (2003). Introduction to the Practice of Psychoanalytic Psychotherapy. Chichester: John Wiley & Sons Ltd. Chapter 5, Unconscious communication, pp. 173-199.

Etchegoyen, H (1991). The Fundamentals of Psychoanalytic Technique. London: Karnac Books. Chapter 26, Interpretation in Psychoanalysis, pp. 330-346.

**Class 3**

Etchegoyen, H (1991). The Fundamentals of Psychoanalytic Technique. London: Karnac Books. Chapter 27, Constructions, pp. 347-360.

**Class 4 - Case presentation**

**Unit V: Psychoanalytic Technique II**

**February**

*The psychoanalytic process. Listening.*  *Questioning.*  *Silence. Signaling.*  *Negative Therapeutic Reaction. Acting Out and Enactment. Impasse.*

**Class 1**

Etchegoyen, H (1991). The Fundamentals of Psychoanalytic Technique. London: Karnac Books. Chapter 39. The analytic process. Pp 529-539.

**Class 2**

Etchegoyen, H (1991). The Fundamentals of Psychoanalytic Technique. London: Karnac Books. Chapter 52. Acting out . Pp 691-701.

Etchegoyen, H (1991). The Fundamentals of Psychoanalytic Technique. London: Karnac Books. Chapter 55. Negative therapeutic reaction. Pp 728- 737.

**Class 3**

Hinshelwood, R. D. (2002). What we can learn from failures. Failures in Psychoanalytic Treatment, New York: International University Press.

**Class 4 - Case presentation**

**Unit VI: Interpretations of Dreams**

**March**

*What is a dream?*  *Manifest and latent dream content;*  *Condensation, displacement, representability; secondary revision; Forgotten dreams; regression;*  *Dream types: wish fulfilling, punishment, anxiety dreams, traumatic dreams; Dream interpretation.*

**Class 1**

Freud, S. (1900-1901). The Interpretation of Dreams, Chapter 7. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume V: “On Forgetting Of Dreams,” 512-532.

**Class 2**

Freud, S. (1900-01). The Interpretation of Dreams, Chapter 7. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume V. “Regression” 533- 549.

**Class 3**

Freud, S. (1900-01). The Interpretation of Dreams, Chapter 7. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume V: “Wish-Fulfillment,” 550-572.

Freud, S. (1933). New Introductory Lectures on Psychoanalysis. Conference #29. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XXII. Pages 1-30.

(Optional) Ogden, T (2007). On talking-As-Dreaming. International Journal of Psycho- analysis. 2007 Jun:88 (pt 3). 575-89.

**Class 4 - Case presentation**

**Unit VII: Symptoms, Slips and Jokes from a Psychoanalytic Perspective.**

**April**

*Symptom Formation. Forgetting.*  *Screen Memories. Jokes. Slips of the tongue.*

**Class 1**

Freud, S. (1916). Introductory Lectures on Psycho-Analysis. The Standard Edition of   the Complete Psychological Works of Sigmund Freud, Volume XVI (1916-1917): Lecture XXIII “The Paths to the Formation of Symptoms,” pp. 358-377.

Freud, S. (1917). Introductory Lectures on Psycho-Analysis. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XVI (1916-1917): Lecture XVII, “The Sense of Symptoms,” pp. 257-272.

**Class 2**

Freud, S. (1901). The Psychopathology of Everyday Life. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume VI. Introduction; Chapter 1 - The forgetting of Proper Names; Chapter 4 - Childhood memories and Screen Memories. Pages 1-7; 43-51.

**Class 3**

Freud, S. (1905). Jokes and their Relation to the Unconscious. The Standard Edition of   the Complete Psychological Works of Sigmund Freud, Volume VIII. Introduction pp. 3-15.

Brenner, C. (1957). An Elementary Textbook of Psychoanalysis. Chapter VI. The para- praxys and wit. pp 127-148 International Universities Press.

**Class 4 - Case presentation**

**Unit VIII: Transference and countertransference; Dynamics of Transference; Transference and repetition.**

**May**

**Class 1**

Freud, S. (1912, 1958). On the dynamic of transference. The Standard Edition of the   Complete Psychological Works of Sigmund Freud, Volume XII. pp. 97-108.

Freud, S. (1916-17). Introductory lectures of psychoanalysis. General theory of the neurosis. Lecture 27: Transference. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XVI. pp.431-447.

**Class 2**

Freud, S. (1914). Remembering, Repeating and Working-Through (Further Recommendations on the Technique of Psycho-Analysis II). The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913), pp. 145- 156.

(Optional) Freud, S. (1915, 1958). Observations on transference love (Further recommendations on the technique of psychoanalysis). The Standard Edition of the Complete Psychological Works of Sigmund Freud, VolumeXII. pp. 157-171.

**Class 3**

Etchegoyen, H (1991). The Fundamentals of Psychoanalytic Technique. London: Karnac Books. Chapter 21. Countertransference. discovery and rediscovery Pp 259-280.

**Class 4 - Case presentation**

**Unit IX: Evolving British Object Relations: Basic Concepts.**

**June**

**Class 1**

Hannah Segal. Introduction to the work of Melanie Klein. Introduction, Chapter 1 (Fantasy) and chapter 2 (Paranoid-Schizoid positions). pp. 11-38

**Class 2**

Klein, Melanie (1932). The Psycho-analysis of Children. Introduction, Chapters 1 (Foundations) and 2 (Technique). The International Psychoanalytical Library London: The Hogarth Press.

**Class 3**

Wilfried Bion. Differentiation of the Psychotic from the non-psychotic parts of the personality. International Journal of Psycho-Analysis 38: pp 266-275.

**Class 4**

***Course Evaluation***; ***Awarding of Certificates***