

NPSI Annual Report 2018-2019
Reports by NPSI President, Board of Directors, and Committee Chairs

Officers:

President – Maxine Nelson, LICSW, FIPA
Past President– Caron Harrang, LICSW,
FIPA
Secretary – Michael Dougherty
Acting Treasurer– Caron Harrang, LICSW,
FIPA
Acting Director of Training – Maxine
Nelson, LICSW, FIPA

Directors:

David Jachim, PhD, FIPA
Carolyn Steinberg, MD, FRCPC, FIPA
Community Member Director – John
Petrov
Candidate Representative – Anna
Delacroix, MA, LMHC
Candidate Representative – Becky
McGuire, MS, LMHC

Administrative Staff:

Recording Secretary – Hollee Sweet

Introduction

Reports are grouped in the following sections:

I. Board of Directors (President’s report, Secretary’s report, Treasurer’s report, Self-Study Committee report)

II. NPSI Institute (Education Committee)

III. NPSI Society (Continuing Education Committee, Ethics Committee, Publications Committee)

I. Board of Directors

President’s Report
Maxine Nelson, LICSW, FIPA

The purpose of the President’s report is to summarize the activities of the NPSI Board and Advisory Council in the preceding fiscal year (July 1, 2018 to June 30, 2019) and to present our strategic plan to maintain the health of the organization going forward. I began my two-year term at the Annual Membership Meeting on September 21, 2018.

In the past fiscal year, Directors continued to address a primary goal of increasing membership in the organization overall, and to stabilize and increase membership on the Board, as a crucial part of the organization’s health and stability. To this end, I am pleased to report that Full Member Carolyn Steinberg, MD, FRCPC, FIPA was appointed to the Board in March and Community

Member Eileen Fletcher, SPHR/SHRM-SCP was appointed as NPSI Treasurer in July. Both of them are expected to be elected at the Annual Party and Business Meeting on September 20. In addition, Community Member Director Michael Dougherty will continue to serve remotely as Secretary and Director David Jachim will be remaining on the Board for another year. I am extremely pleased that, on completing her term as Past-President and Acting Treasurer, Caron Harrang has agreed to serve another term as Director if she is elected. Sadly, we will be saying goodbye to Community Member John Petrov as he completes his term as Director. As our first Community Member Director, John's insights and recommendations have been invaluable.

Our primary strategy for continuing to grow our membership has been to invite respected IPA analysts who have demonstrated an interest in NPSI to apply for Full Member status. This strategy has resulted in Coleen Gold, MA BCATR FIPA joining us this past year, in addition to Carolyn Steinberg, MD, FRCPC, FIPA who graduated from training, applied for membership, and was voted to become a Full Member. Our NPSI community has grown to now comprise 26 Full Members, 12 Candidates, and 55 Community Members.

The NPSI Advisory Council, first begun under Caron Harrang's Presidency (2014 – 2018), continues to serve the Board of Directors by providing expertise in various areas, including Fundraising (JoAnn Mills and Doug Ulrich) and Media Outreach (Teddy Jachim). Brad Cokelet, PhD, who teaches ethics and moral philosophy at the University of Kansas, joined the Council in 2018 and has provided consultation in ethical issues as well as teaching seminars on ethics to NPSI candidates. In addition, Brad presented some of his ideas on psychoanalysis, human flourishing, and good character at a special Scientific Meeting in September.

Over the past year, there has been a shift in legal counsel for the organization. David Schoolcraft, JD, of Ogden Murphy Wallace, who served as legal counsel to NPSI from 2012-2018, concluded his relationship with us and will be missed. However, I am pleased to report that Frances Schopick, JD, MSW, of Schopick Law has agreed to serve as legal counsel, beginning in September. A licensed social worker as well as an attorney, Frances brings a unique combination of expertise to her work with us.

One of our major endeavors this past year has been the initiation of a Self-Study of the organization as a way to understand difficulties we have experienced for a number of years in succession planning for the important roles of President-Elect and Director of Training. A report describing this process is included below.

As we approach the final stages of implementation to the 2016 – 2019 Strategic Plan (https://npsi.us.com/uploads/NPSI_Strategic_Plan_2016-19.pdf) the Board will be involved with developing the next strategic plan, which will focus on distance learning, in addition to increased revenue and overall growth. In addition to growth, the other major goal of the 2016 – 2019 Strategic Plan was outreach, which has been met through efforts such as the Twelfth International Evolving British Object Relations Conference (EBOR), which took place in October, 2018 with the theme "The Body as Psychoanalytic Object: Clinical Applications from Winnicott to Bion and Beyond," as well as through our program of Scientific Meetings which were designed as a forum for community conversation. In addition to these programs, we started a Clinical Study Group for experienced psychotherapists this past year; a first.

I have continued the tradition begun by my predecessor, Caron Harrang, to make the Annual Membership Party a festive occasion, during which we hold a brief business meeting to elect officers and directors, and to present an Annual Outstanding Community Member service award. We plan to keep this an annual event and hope to add other opportunities for members to celebrate the vitality of our community throughout the year.

In closing, I would like to express my gratitude for the opportunity to serve as NPSI President this past year. The Board has continued to function as a productive and creative work group with much to be proud of. Despite this, we will continue striving to grow the Board as our efforts thus far have been only modestly successful. If you are a Full Member who is curious about how the organization functions, I invite you to contact me about attending a board meeting as a guest (maxinenelson1@gmail.com). Most of our meetings are held by Zoom. We also welcome your consideration to apply for a Director position and to participate in keeping our organization as stable and dynamic as possible.

Secretary's Report Michael Dougherty

Enhanced Community Members listings on the website

Based on a request from a Community Member, the NPSI Board of Directors agreed to offer an "enhanced listing" on the NPSI website to all community members, adding information about each Community Members practice, contact information, and a photo. The enhanced listing was promoted and to date nine out of 55 members (16 percent) have taken advantage of the listing.

Membership fees

This year NPSI increased its membership fees to \$675. Members were offered an early bird discount of \$25 if they sent in their payment before February 28. Members were sent a total of four reminder letters. See details of fee structure below.

In total all but four members submitted their fees on time. Two members responded to follow up by email and two responded to follow up by phone. All members paid their membership fees in 2019.

- NPSI Dues: \$675 (\$650 if paid before February 28)
- IPA Dues: \$300 (If you pay through another IPA Society note which one here)
- CIPS Dues: \$50
- NAPsaC Dues: \$5
- PEP-Web: \$132*
- Optional donation for mental health lobbyist Laura Groshong working to enhance NPSI's visibility and promote legislation favorable to psychoanalysis: \$50 (Suggested amount)

**Those with PEP-Web subscription through another organization may deduct \$132 from the membership fee. They also have the option to switch their subscription to NPSI.*

Update of NPSI Bylaws

On June 1, 2019 the NPSI bylaws were corrected to reflect board decisions made in 2017. No additional changes were made.

Revision of NPSI Candidate Handbook

The NPSI Candidate Handbook candidate leave fee policy was revised to add a \$100 fee per term for candidates on leave at the June 12, 2019 Board Meeting. This policy will apply to candidates entering training in fall 2019 and thereafter. It now reads:

Leave of Absence

If serious life problems arise that significantly interfere with the candidate's learning, there exists the possibility for a Leave of Absence. Requests for Leave of Absence are considered and granted on an individual basis by the Progression Committee. Each Leave of Absence is for a maximum of six months or two academic terms. If required, a subsequent request for an extension of the Leave may be made. Candidates on a Leave of Absence are not expected to attend courses, but must continue in control case supervision. An administrative fee of \$100 per term will be assessed to maintain the candidate's standing and intention to resume full participation in training at the completion of the leave. Candidates experiencing financial hardship may apply for a waiver of the fee to the Progression Committee.

Elections:

An election of President-Elect, Treasurer and Director (2) to be held at the NPSI Annual Party and Business Meeting on September 20, 2019. Ballots were prepared and sent to all Full Members on August 23, 2019 in accordance with the NPSI bylaws.

Acting Treasurer's Report Caron Harrang, LICSW, FIPA

Introduction

This report summarizes the organizations financial position and bank account balances as of June 30, 2019 at the close of the fiscal year, and explains unusual activity with an eye toward planning for the fiscal year ahead. Major expense categories are indicated as well as sources of revenue to be reviewed by the Board and Advisory Council and utilized for strategic planning during its annual face-to-face meeting on September 21, 2019.

In FY2018 an ad hoc Finance committee chaired by then Secretary/Treasurer Maxine Nelson along with Patrick Nalbene and John Petrov made the following recommendations. Actions taken on these recommendations are shown below.

1. Official adoption of budget process and policies for inclusion in the Board Policies and Procedures Manual.

Action: A formal written budget process and policy is on the agenda for the upcoming 2019 Annual Board of Directors and Advisory Council Retreat. If approved this document will then be added to the Board Policies and Procedures Manual.

2. Obtain a financial audit by an accounting firm familiar with non-profit organizations.

Action: A financial audit has been completed by Jennifer Haddon, CPA of Jones and Associates, LLC. Jones specializes in work with not-for-profit organizations. This audit was useful in helping Administrator Hollee Sweet refine bookkeeping procedures and review tax reporting forms.

3. Develop a schedule for implementing an annual fiscal year budget and financial reporting process with the goal of full implementation and operational use by 2020.

Action: A schedule has been developed whereby the Treasurer collects budgets from committee chairs of the Society and Institute during May and June for the upcoming fiscal year.

The Treasurer then prepares a narrative summary report after the close of the fiscal year (June 30) during July and August. Concurrently, the Treasurer works with the Administrator and the Board of Directors ExCom to create a budget for the next fiscal year and submits both documents to the President by no later than August 31.

The Treasurer's report on the preceding fiscal year is included in the President's Annual Report posted on the organization's website and made available to members at the Annual Party and Business Meeting. The budget is approved for the current fiscal year (July 1 – June 30) at the Annual Board and Advisory Council Retreat in September.

Financial Position

FY 2019 total revenue is \$121,829.95 and total expense \$109,289.09. The fiscal year ended with a net income of \$12,640.86. This was primarily due revenue from EBOR 2018 collected in 2019 and an increase in charitable donations owing to one individual who made a \$10,000 contribution.

At this point, there are no plans to sponsor another International Evolving British Object Relations Conference (EBOR) in 2020. This biennial event has been the organizations largest source of revenue as well as requiring a great deal of human resources to produce. The organization will need to consider other sources of revenue or cut back on budgeted expenses.

With charitable donations to non-profit organizations no longer tax deductible according to the same formulas as previously, it is uncertain if revenue from this source will continue at the 2019 level without continued attention to fundraising.

Bank Accounts

At the end of the fiscal year the organization had cash reserves totaling \$79,651.82.

Checking	\$34,888.93
Savings	\$15,137.07
Investment	\$28,108.86
PayPal	\$1,516.96

Major Expense Categories

In order of greatest to least, major expenses are as follows. Expense categories under \$100 are not included. Most categories are recurring and mandatory per current policies approved by the Board (e.g. faculty pay). However, some expenses may be considered nonessential depending on projected revenue and strategic planning (e.g. Food/Budget/Travel, Mental Health Lobbyist, My NPSI, Group Relations Consultation). It should be noted that professional organization dues are covered by NPSI Full Member dues.

Administrative staff (20 hours weekly)	\$28,391
Office Rent	\$20,824
Professional Org Dues: CIPS, NAPsaC, IPA	\$10,901
Supplies	\$3,029
Scholarship (paid to Institute)	\$3,259
Faculty Pay	\$2,640
Food/Beverage/Travel	\$2,139
PayPal (2.9% plus .30 per transaction)	\$2,294
Accounting (Jones & Assoc.)	\$1,187
Website and Computer	\$1,136
Internet Service/Cascadelink	\$1,029
Telephone/Verizon	\$785
Constant Contact	\$726
Miscellaneous (gifts for members)	\$644
Mental Health Lobbyist	\$600
'My NPSI'	\$600
Printing and Postage	\$345
Bank Charges	\$270
Zoom	\$150

Major Revenue Sources

Revenue sources are listed from largest to least. As noted above, with no plans for EBOR in 2020 the Board will need to focus on other sources of revenue and plan carefully to achieve a balanced budget. Revenue under \$100 is not included.

EBOR 2018 (collected in 2019)	\$41,537
Full Member Dues	\$26,132
Psychoanalytic training tuition	\$22,728
Charitable Donations	\$17,079
Community Member Dues	\$4,060
Fundamentals of Psychoanalysis	\$3,975
Don Ross Clinical Study Group	\$2,960
Continuing Education (Scientific Meetings)	\$1,649
'My NPSI' (Scientific Mtgs. & EBOR 2018)	\$1,450
IPA Refund (for early dues payment)	\$255

New Revenue Source: Qualified Charitable Distribution (QCD)

With help from Advisory Council member Doug Ulrich, CFP, the organization is offering a new donation option in addition to cash contributions called Qualified Charitable Distribution (QC). Information on who is eligible to contribute is available on the website under the ‘Join and Donate’ tab. The option is described as follows:

If you are 70 ½ years of age or older and have an Individual Retirement Account (commonly called an IRA), the IRS requires that you take required minimum distribution (RMD), each year. However, you are also able to leverage that required distribution to benefit certain charities, such as NPSI. It’s called a Qualified Charitable Distribution (QCD)—and best of all, you can do so without increasing your taxable income and satisfying your RMD at the same time!

Since the tax incentive of deducting charitable contributions is no longer available for those members who are utilizing the higher standard deduction (and not itemizing deductions) when filing their federal tax returns, this new option may become increasingly important. This may be a very viable fundraising campaign in light of a number of our members who are approaching or being of qualifying age to contribute.

Self-Study Committee
Dana Blue, LICSW, FIPA

NPSI Self-Study Group Members

Maxine Anderson
Rikki Ricard
Julie Hendrickson
Margaret Bergmann-Ness
Dana Blue (chair)

For the last several years, NPSI has struggled with a dilemma. Why are experienced members reluctant to step forward to assume leadership roles? This dilemma reached the level of crisis in 2018, when, in addition to several open positions on the NPSI Board of Directors, the organization had no President-Elect and no one willing to serve as Director of Training, the primary administrative roles in the organization.

The Executive Committee of the NPSI Board (then Dana Blue, Caron Harrang and Maxine Nelson) determined that the organization should undertake a research study of group dynamics that might be impeding leadership. This study would be modeled on a similar and successful intervention done at Psychoanalytic Center of California (PCC) under the leadership of John Lundgren, MD FIPA. Dana Blue offered to lead this project, and volunteers were solicited from the NPSI membership. All interested members were invited to join the Self-Study Group, which formed and began to work in fall of 2018.

The intervention has had two phases: first, to conduct a research study of our group and, second, to use the results of the study to further group understanding. In 2018-19, the self-study group devised a survey, which was administered via Survey Monkey in February of 2019. The group then set to work to compile, compare, aggregate and anonymize the survey data, and draft a

report on the findings. On November 16, 2019 John Lundgren, MD FIPA and Len Levis, PhD, both experienced group relations facilitators, will lead us through a process of discovery to determine the next steps for the organization based on the self-study process.

II. NPSI Institute

Acting Director of Training Report Maxine Nelson, LICSW, FIPA

Each section of this report is authored by the Committee or Subcommittee Chair.

Education Committee:

Maxine Nelson, LICSW, FIPA (Acting Director of Training)
Dana Blue, LICSW FIPA (Admissions Subcommittee)
David Rasmussen, PhD, FIPA (Progression Subcommittee)
Barb Sewell, LMHC, FIPA (Curriculum Subcommittee)
Margaret Bergmann-Ness, MA, LICSW (Candidates Subcommittee)
David Parnes, LICSW FIPA (Psychoanalytic Psychotherapy Subcommittee)
Dana Blue, LICSW FIPA (for Training and Supervising Psychoanalyst Subcommittee)
Hollie Sweet (Recording Secretary)

Introduction

The mission of NPSI is to provide the highest quality psychoanalytic education and training for individuals seeking to become psychoanalysts and psychoanalytically informed psychotherapists.

The NPSI Institute contains our training programs, and the Education Committee (EC) is responsible for the cultivation and maintenance of the programs. The EC is comprised of the chairs of various subcommittees: Admissions, Candidates, Faculty and Curriculum, Progression, Psychoanalytic Psychotherapy Program, and Training and Supervising Psychoanalysts and possible ad hoc committee chairs. The EC functions to establish policy for the Institute, and as a bi-directional communication hub to coordinate activities of its component subcommittees. To further this coordination, the Director of Training also sits on the NPSI Board of Directors. Some or all members of the EC meet on an as-needed basis with the candidate group to discuss policy implementation and other pressing concerns.

This report begins with a summary of EC activities overall, continues with reports from each of subcommittee outlining the activities of fiscal 2018-19, and concludes with a glimpse of plans for work in the coming year.

Summary of Activities

In 2018, as part of an effort to increase participation in the Education Committee, we changed our protocols to give every faculty member a vote on EC agenda issues., Monthly meetings were held, beginning in October, with the Education Committee and all faculty members who wished

to attend. The October, November and December meetings were held in person, at the NPSI offices and meetings resumed in March via Zoom. These meetings have been lively and have generated new ideas and energy for the program.

A major accomplishment of the EC/Faculty group has been the establishment of a rotating EC Chair until there is someone in the role of Director of Training. The rotations are for four months and include chairing the EC/Faculty meetings, attending Board meetings to report on EC activities, as well as being responsible for discrete activities pertinent to the particular four-month term. These are:

1st Term: September – December

Welcoming new candidates and troubleshooting any problems related to training.

2nd Term: January – April

Preparing a budget for the institute to be incorporated into the overall NPSI budgeting process by the end of the fiscal year (June 30, 2010).

3rd Term: May – August

Compiling data for ACPE survey, to be completed by NPSI Administrator Hollee Sweet.

Thus far, volunteers have been identified to fill rotations through August, 2020 and, as of this report, the first rotation, filled by Barb Sewell, was successfully completed. The second rotating EC Chair is Caron Harrang, to be followed in January by Don Ross, and in May by Julie Hendrickson.

Maintenance of Accreditation:

In summer 2015 the Accreditation Council for Psychoanalytic Education (<https://www.acpeinc.org>) granted NPSI an initial one-year accreditation for our training program in psychoanalysis. In 2016, the EC, supported by the NPSI Board, prepared and filed an extensive follow-up report outlining progress we made on issues identified in our initial accreditation, and we were then granted full accreditation (5 additional years). In August 2019, our annual Maintenance of Accreditation Survey (MOAS) was prepared by rotating EC Chair Barb Sewell and filed by Hollee Sweet.

Our initial accreditation will expire in June, 2020 and we are currently in the process of filling out an application for reaccreditation, which will be submitted at the end of October, to be followed by a site visit in early 2020.

Scholarships:

In the 2018-19 Academic Year, we granted three scholarships for a full term of tuition. Board Director David Jachim, Chair of the Scholarship Committee, has been responsible for managing the application process the past couple of years. He is currently in the process of stepping down from this role and will be followed by Director Carolyn Steinberg.

Education Policies and Procedures Manual:

Throughout this report readers will notice an emphasis on efforts to formalize and make more transparent the policies and procedures that guide Institute operations. Former Director of

Training Dana Blue has continued to work with EC subcommittee chairs and with Administrator Hollee Sweet to finalize a Policy and Procedures Manual. When complete, the Manual will be available in the NPSI library for reference by all members of the Society and Institute.

Ethics Training:

Advisory Council Member Brad Cokelet, who teaches ethics and moral philosophy at the University of Kansas, offered a program for all candidates on the first day of classes on Psychoanalytic Ethics. He is planning to teach two seminars to the candidate group in September 2019.

Training Enrollment:

Perhaps the most robust evidence of wellbeing in the NPSI Institute is the increase in enrollment in our training programs, as well as the steady progression of candidates within these programs. We currently have a cohort of 12 active candidates, three of whom began training in September, 2019.

Dave Parnes, LICSW, FIPA has continued in his role of Chair of the Psychotherapy Training Program, which oversees the Fundamentals of Psychoanalysis program as well as the Clinical Study Group, facilitated by Don Ross, which began in October, 2018. The group is set to continue in the coming academic year and will meet twice monthly by Zoom, except for the first two meetings. Fundamentals I will be on hiatus this year and is expected to resume in 2020.

Subcommittee Reports

Admissions Subcommittee:

David Parnes, LICSW FIPA,
Margaret Bergman-Ness, MA LICSW, Candidate Representative
Ambre Lane, MD, Candidate Representative
Dana Blue, LICSW, FIPA (Chair)

Here is an accounting of the NPSI Admissions Committee activities in the 2018-2019 fiscal year. We have:

- Hosted a lunch meeting for anyone curious about candidacy at the Evolving British Object Relations 2018 International Conference.
- Built our committee, which includes representation from all NPSI strata -- senior candidate, junior candidate, full member and TA.
- Held planning meetings on an as-needed basis.
- Codified the description of committee function for the Education Committee Policies and Procedures Manual

- Performed various marketing activities, including production of a flyer to circulate via NPSI listserves and as hard copies at meetings, including EBOR, Roots and Branches, and Scientific Meetings. Electronic flyers were sent four times, and about 500 hard copy fliers were distributed at varied events.
- Followed up with interested participants via telephone and in-person meetings
- Hosted an Open House in the spring, featuring a panel presentation on analytic training by a senior candidate (Margaret Bergmann-Ness) and a senior TA (Mirta Berman Oelsner)
- Begun to formalize links with the NPSI Psychoanalytic Psychotherapy Program, to maximize the marketing opportunities of NPSI educational programs.
- Shepherded interested trainees through the NPSI application process, including written statements, in-person interviews, and communication of final results.
- Admitted a new training class of three members.
- Helped plan and hold an Orientation to welcome the new cohort.
- Arranged advisors for the new cohort.

Having enrolled and launched a new class according to our every-other year schedule of psychoanalytic training cohorts, we now turn our attention to the tasks of the coming (fall) year. In this period, the Admissions Committee intends to review our methods of marketing the program to determine how to maximize getting the word out about our program. In this endeavor, we will work closely with the Psychoanalytic Psychotherapy program. In addition, we will locate and mentor a chair to succeed the current one, to be in place when her current term ends in 2020.

Candidates Subcommittee:

Becky McGuire, MS, LMHC, Candidate President (Chair)

Margaret Bergmann-Ness, LICSW, Candidate Past-President

All current candidates (<http://npsi.us.com/society/member-roster>)

During the academic year of 2018-2019, the candidate committee continued to meet monthly in order to provide a forum for the exchange of information between the NPSI Board, the Institute's component subcommittees, and the candidates. Candidates also facilitated this ongoing exchange of information through service as representatives on the Education, Curriculum, Admissions, and Progression committees, as well as on the NPSI Board.

The monthly meetings also served as a forum for candidates to provide informational and collegial support to one another. Additionally, a candidate retreat was held in November 2018 to

focus on candidate development. The group found the retreat a helpful and containing opportunity to think more deeply, and a decision was made to hold annual retreats.

The candidates also held an informal retreat in August 2019 to view the IPA's webinar on confidentiality from June 2019. This meeting inspired the group to continue addressing issues of confidentiality, in formats yet to be determined, but to include setting aside time at the next formal Candidate Retreat, as well as in ongoing additional meetings.

An additional accomplishment for the candidates was the creation of a Policies and Procedures Manual reflecting the Candidate activities and protocols.

All candidates who are not on leave have demonstrated progression in their training in this academic year.

The candidates also provided support for a candidate graduation ceremony and celebration in this academic year.

Curriculum Subcommittee:

Anna Delacroix, LMHC (Candidate Representative)

Esti Karson, PhD, FIPA

Barbara Sewell, LMHC, FIPA (Chair)

In addition to ongoing tasks guided by curriculum policies and procedures (shown below) the Committee has been active during fiscal 2017-17 in the following areas:

The first area in which the committee has been active is in filling teaching positions by soliciting instructors from within and without NPSI. Esti and Barb have successfully sought instructors and filled all of the teaching needed this past year and have filled much of the current academic year as well.

To that end, we have been actively working on improving the quality of our instruction, by evaluating syllabi and working with the feedback from instructors and candidates regarding readings and class participation. Moreover, we have listened to candidate feedback regarding the syllabi and courses and incorporating some of that feedback into course curriculum and syllabi. For instance, there was a request that the readings be listed in a way that indicates how candidates can find these reading on the PEP WEB which the CC thought was a very helpful suggestion and we have worked to incorporate that into the syllabi that have been sent out to candidates. In addition, we have worked to provide syllabi with “some” uniformity for the ease of candidates learning. Anna Delacroix has been an invaluable help in these areas researching references for reading on the PEP and on the internet and editing syllabi for uniformity.

Secondly, we heard from candidates that they would like to have a Process and Technique class further along in their training than having two of those in the first year. The CC discussed this feedback and is recommending implementing this change to the EC so that candidates would have one Process and Technique class upon entering and another in the second year to help

facilitate the transition of therapy cases to analysis. Another suggestion the Curriculum Committee had discussed with the EC is the suggestion that incoming candidates be incorporated into existing classes when appropriate. Our suggestion is that in the Winter 2019, the new group of candidates join the existing cohort in taking the Child Psychoanalysis class. In the Spring the recommendation is that the new cohort join in the didactic seminar (North American Psychoanalysis) with the other cohort as well as in the clinical seminar.

Curriculum Committee Policies and Procedures

I. Establish a Core Curriculum for each class that enters.

Procedure: Form a Committee and talk about the Curriculum.

A. Committee Tasks:

1. Discuss what has worked, what might we want to change, who will investigate other ways of teaching (as for instance Freud), talk to other institutes, research teaching methodology.
2. Write up a curriculum format.
3. Submit to EC and TA committee.
4. Take suggestions and make changes
5. Submit another Curriculum and format
6. Implement the new Curriculum with new candidates.

II. Select Instructors for Didactics and Clinical Seminars.

Procedure:

A. Discuss in Curriculum Committee and brainstorm possible instructors taking into consideration that we need to include more faculty and distance faculty.

B. Send out an invite to NPSI faculty.

C. Consider who has volunteered and who has not and send out personal invitations paying close attention to IPA guidelines that require a T.A. to anchor clinical seminars. Also paying attention to candidate feedback regarding instructors.

III. Helping Instructors Plan for Classes

Procedure:

A. The Chair of the Curriculum Committee will contact each instructor regarding the dates of teaching and the need to have a written syllabus (didactic) and written learning objectives.

B. When the learning objectives and class syllabus have been formatted the instructors will forward these to the Chair of the Curriculum Committee, who will then forward these to the committee for discussion and feedback. Suggestions and/or comments will be passed on to the faculty and may result in a subsequent proposal with changes...

C. When the class syllabus and learning objectives have been examined and agreed upon by the Curriculum committee the class will proceed.

D. If the instructors in either the didactic or clinical seminars have dates when they will be out the Chair of Curriculum may aid in finding faculty to cover the seminar.

IV. Evaluations and Feedback: The Curriculum Committee processes candidate feedback regarding clinical seminars and didactic seminars and distributes this information to instructors.

Procedure:

A. The NPSI Administrator distributes guidelines to the instructors at the beginning of the classes.

B. On the week of the second to the last class the Chair of the Curriculum Committee sends all instructors a reminder to give the class the evaluations and ask them to bring them back at the last class or to give them 5 minutes at the beginning of class to complete the evaluations. These evaluations should then be placed in a sealed envelope and put in the box of the Chair of Curriculum.

C. The Curriculum Committee will look at these at their next meeting which will be as soon as is feasible. If the feedback is negative or is deemed by the committee sensitive enough to be delivered personally then it will be discussed and someone will be assigned to talk to the instructor. If the feedback is deemed appropriate for immediate transmission it will be scanned and sent out to the instructors immediately.

V. Other: When issues arise at NPSI that have to do with the Academic Training (schedule, auditing classes, fee for classes) the Curriculum Committee will meet to discuss and make recommendations to the EC.

Progression Subcommittee:

Lynn Cunningham, LICSW (Candidate Representative)

Judy K. Eekhoff, PhD, FIPA

Julie Hendrickson, MA, LMHC, FIPA

Esti Karson, PhD, FIPA

David Rasmussen, PhD, FIPA

The committee meets the fourth Wednesday each month. October, December, February, April and June meetings review reports on control cases. On alternate months the committee discusses policies and procedures and clarifies those in light of evolving needs.

In addition to our work reviewing reports, faculty evaluations of candidates, and working through specific issues with Candidates during the year, the Progression Committee also worked on the following items during the 2018-19 Academic year:

1. In the Fall Quarter 2018, the PC responded to Candidates' questions and feedback regarding training requirements at NPSI. Among the issues brought to the PC, the Candidates wondered if the requirement for senior candidates attending clinical seminars could be changed to allow substitution of other activities, such as teaching or a didactic seminar. After much discussion the PC held to the long-standing policy. The PC did make a change at the Candidates' request about the Control Case reports, so that the Final report can now be combined with the last 6-month report. The change will be noted in the Candidate Handbook for the new group.
2. On November 2, 2018, The PC met individually with each Candidate to discuss each Candidate's progress in training.
3. Carolyn Steinberg graduated on January 12, 2019. PC developed a basic template for NPSI graduations.

4. The Progression Committee changed the Candidate filing system this year. Whereas each PC member had been retaining files for each Candidate they were assigned as file monitor, the files for each Candidate are now being retained at the NPSI offices. A written policy describing the change was developed entitled: Procedures for Filing and Distributing Reports and Evaluations for Candidates.
5. The PC developed a description of the functions and structure of the PC and submitted it to the Committee developing a Handbook for the Institute for Accreditation purposes.
6. The PC added a policy of having each PC member meet individually with each Candidate for whom they are serving as file monitor each year in the Spring quarter. This is in addition to the Fall quarter meeting. The purpose of this meeting is to go over the file with the Candidate and review reports and faculty evaluations for the year to address any concerns in their progress in the program and support their progression.
7. The PC made a change in policy that the Tracker form used in the Candidate file will be retained by NPSI to serve as a written record of seminars and other requirements that have been completed. All other forms, reports and evaluations will be given to the graduating Candidate or Candidate who is withdrawing from training. If the Candidate does not want to take the file NPSI will shred this information after one year following withdrawal or graduation from the training program.
8. The PC made the following change—extra assignments for more than two missed seminars need to be completed and accepted by the seminar Instructors no later than 5 weeks after the end of the quarter or the seminar will be considered “Incomplete”.
9. The Candidate Handbook is currently being updated for the new cohort of Candidates.

Training and Supervising Psychoanalyst Subcommittee:

Maxine Anderson, MD, FIPA
 Cecile R. Bassen, MD, FIPA
 Mirta Berman-Oelsner, PsyA, LMHC, FIPA
 Dana Blue, LICSW, FIPA
 Stan Case, LICSW FIPA
 Elie Debbane, MD, FIPA
 Judy K. Eekhoff, PhD, FIPA
 Coleen Gold, MA, BCATR, FIPA
 Caron Harrang, LICSW, FIPA
 Ken King, MD, FIPA
 Robert Oelsner, MD, FIPA
 Adriana Prengler, LMHC, FIPA
 Marianne Robinson, MSW, PhD, FIPA
 Oscar Romero, MD, FIPA

The TA subcommittee meets on an as needed basis to discuss issues pertinent to the group. The position of Chair is currently vacant.

Psychoanalytic Psychotherapy Program Subcommittee:

Dave Parnes, LICSW, FIPA (Chair)

In the fall of 2015 NPSI faculty inaugurated a new certificate course titled “The Fundamentals of Psychoanalysis.” The course was organized by Maxine Anderson, MD, FIPA (Co-Chair) Dana Blue, LICSW, FIPA (Co-Chair) Adriana Prengler, LMHC, FIPA (Co-Chair).

Course participants met weekly through the academic year to study the bedrock concepts of psychoanalytic theory and technique. Faculty rotated monthly, so that by the conclusion of the course, students had met many NPSI full member and senior candidate instructors in addition to becoming better acquainted with many of the psychoanalytic concepts that underlie our field.

Year One, which was completed in June 2016, proved so popular that students requested a second year. Year Two launched in October 2016 with 10 students, some of whom were continuing from Year One, and was completed in June, 2017. In October 2017, the program offered the Year One Curriculum, slightly revised and improved, to community mental health professionals. Year Two was again offered, beginning in October of 2018 and ending in June of 2019. Fundamentals is currently on hiatus.

A Clinical Study Group was offered by Don Ross, MD, FIPA, beginning in September 2018 and running through June 2019. The group utilized clinical material brought by participants to enhance their understanding of psychoanalytic theory and technique.

Conclusion and Plans for fiscal 2019-20

Maxine Nelson will continue serving as Acting Director of Training, while also serving as NPSI President. The role of Training and Supervising Psychoanalyst Chair position remains vacant while the other Subcommittee Chair positions are stable.

III. NPSI Society

Continuing Education Committee

Jeffrey L. Eaton, MA, FIPA Chair

The main task of the Continuing Education Committee in 2018-2019 was to facilitate the presentation of several Scientific Meetings. As Chair I made the decision to emphasize a format of “community conversations” in hopes of attracting a wide range of interested participants.

I felt that it would be beneficial to the community to have a specific theme that could be followed over the course of a year. I choose the theme “Unconscious Phantasy” and asked participants to present either original work or a published paper of interest. The following meetings were presented, each addressing the theme of Unconscious Phantasy:

- December 19, 2018 Jeffrey Eaton, MA, FIPA
- February 20, 2019 Maxine Anderson, MD, FIPA
- March 20, 2019 Judy Eekhoff, PhD, FIPA

- May 15, 2019 Panel Discussion with Maxine Anderson, Judy Eekhoff, and Jeffrey Eaton.

Additionally, the Continuing Education Committee helped to facilitate three special meetings.

- On September 7, 2018 Brad Cokelet, PhD, a philosopher, presented a meeting on Ethics and Psychoanalysis.
- On January 4, 2019 Beth Kalish, PhD, FIPA presented a meeting on her research on dreaming in the Amazon.
- On April 17, 2019 a meeting to honor Marianne Robinson, PhD, FIPA focused on her presentation of original work regarding primitive mental states.

Some of the meetings were recorded to be available for purchase through the NPSI website. In the coming season, attention will be given to which presenters would like this opportunity and be asked to prepare accordingly.

In the upcoming 2019-2020 series a similar format will be followed. The theme will be “Intuition”.

The Continuing Education Committee is also partnering with The Northwest Alliance for Psychoanalytic Study and The Center for Object Relations to co-sponsor a day long special event on November 9 that will offer six credits in Ethics through exploring the legal and clinical issues related to The Volk Decision. A panel of six participants will participate: including a lawyer, a lobbyist, a philosopher, as well as two psychoanalysts and a psychotherapist with experience working the state prison system. The morning will focus on legal and ethical implications of the Volk ruling while the afternoon will consider clinical dimensions of violence and risk assessment.

As Chair I wish to offer special thanks to: Joanne della Penta (Candidate, SPSI) and Lynn Cunningham, LICSW (Candidate) for organizing the refreshments for each meeting, and to Mary Sacco, LMHC (Candidate), Anna Delacroix, LMHC (Candidate) and Margaret Bergman-Ness, LICSW (Candidate) for helping with meeting setup.

Ethics Committee

In the past fiscal year there have been no complaints. The Chair position for this standing committee remains unfilled. The Board is searching to find a qualified full member to chair the committee that will focus on continuing ethics education for all levels of membership and processing ethics complaints should they arise.

Publications Committee

Hollee Sweet (Managing Editor) *Selected Facts: Newsletter of Northwestern Psychoanalytic Society and Institute*

Newsletter Staff:

Anna Delacroix, LMHC (Copy Editor)
David Parnes, LICSW, FIPA (Reporter)
Connie Sais, MA, LMHC (Reporter)
Hollee Sweet (Managing Editor)

Media Editor: Caron Harrang, LICSW, FIPA

The main activity of the Publications Committee is producing *Selected Facts: Newsletter for Northwestern Psychoanalytic Society and Institute*, published biannually. The Managing Editor of the newsletter chairs the Publications Committee. Each issue of the newsletter is reviewed and approved by the President prior to publication. The newsletter goes out to 890 readers, with a 38% open rate.

The upcoming issue will include committee reports to keep our readers updated on the many accomplishments and goals of the various committees at NPSI.