

NPSI Annual Board and Advisory Council Retreat Meeting  
September 8, 2018

Officers:

President – Caron Harrang, LICSW, FIPA  
President-Elect – Maxine Nelson, LICSW,  
FIPA  
Secretary/Treasurer – Maxine Nelson,  
LICSW, FIPA  
Director of Training – Dana Blue,  
LICSW, FIPA

Directors:

David Jachim, PhD, FIPA  
Community Member Director – John  
Petrov  
Community Member Director – Michael  
Dougherty  
Candidate Representative – Becky  
McGuire, MS, LMHC

Administrative Staff:

Recording Secretary – Hollee Sweet

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Present: Dana Blue, Brad Cokelet, Michael Dougherty, Caron Harrang, David Jachim, Teddy Jachim, Becky McGuire, JoAnn Mills, Patrick Nalbone, Maxine Nelson, John Petrov, Hollee Sweet, Doug Ulrich

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The meeting was called at 10:30 am.

I. June 2018 minutes and miscellaneous board business.  
The June minutes were unanimously approved.

Michael Dougherty announced that he has accepted employment in Jakarta, Indonesia and will be moving there with his family in October. He plans to continue on the board unless the 14-hour time difference and work responsibilities prove incompatible.

Patrick Nalbone submitted his letter of resignation from the Advisory Council after serving since its inception in 2014.

Dana Blue announced her resignation from the Board when she completes her current term as Director of Training at the Annual Membership Meeting on September 21, 2018. She expressed an interest in returning to the Board upon completion of her work chairing an ad hoc Self Study Committee authorized by the Board. The Committee will include Tavistock trained group relations consultants John Lundgren, MD, FIPA and Len Levitz, PhD and key stakeholders in the Institute (candidates and full members).

Senior candidate Anna Delacroix was nominated by Becky McGuire to join the Board as the second candidate representative. Her nomination was approved by unanimous vote of the Board.

Action: Caron Harrang will write to Anna, welcoming her to the Board and announce the aforementioned resignations and additions to the Community listserv.

## II. Secretary-Treasurer's report. Maxine Nelson reporting:

Maxine Nelson reported that NPSI has a total of \$81,118.55 in cash. Maxine noted this number is higher than in previous months due to EBOR registrations and tuition payments for psychoanalytic training and one new study group (Clinical Study Group for Advanced Psychotherapists) taught by Don Ross, MD, FIPA.

Maxine and Patrick Nalbone (NPSI Advisory Council) reported on their work to prepare a budget for fiscal year 2018-19. The Board reviewed the budget. JoAnn Mills recommended that in the first year of utilizing the budget, financial policies be open-ended so that after that first learning year, the Board can determine what ongoing policies will be. The Finance Committee (Maxine Nelson, Chair) recommended a consultation with Jacobson Jarvis & Company, a Seattle based accounting services firm that specializes in work with nonprofit organizations. The goal would be to fine our tune financial reporting systems and receive training to assist the Board in financial planning.

Maxine also reported that there will be a donor party at her home on December 8<sup>th</sup>.

Michael Dougherty discussed with the Board what a communications audit is and how it would benefit NPSI. This type of audit examines all areas of communication, such as Constant Contact flyers, LinkedIn, *Selected Facts*, and My NPSI. JoAnn recommended setting up an ad hoc committee to work with Michael on the audit.

Action: An ad hoc committee chaired by Michael Dougherty and including Caron Harrang and JoAnn Mills will meet to develop a plan for implementing a communications audit and report to the board at the November 14 meeting.

Action: JoAnn will provide a referral to an additional accounting service firm. Maxine Nelson will contact that firm and Jacobson Jarvis & Company and obtain comparative bids to report to the board at the October 10 meeting.

## III. Liaison Committee report. Caron Harrang and Maxine Nelson reporting:

Caron Harrang reminded the Board that she recently stepped down as Director on the CIPS Board of Directors in May 2018. Maxine Nelson became the primary Director and Adriana Prengler joined the committee, becoming the secondary Director from NPSI to CIPS.

Maxine Nelson reported that NPSI nominated Harriet Wolfe (APsaA) and Adriana Prengler (CIPS) to become candidates for President Elect and Vice President Elect of the IPA.

NPSI also nominated Caron to become a candidate for the position of Representative for the Independent IPA Societies from North American on the IPA Board of Directors. There are 14 candidates running for 7 positions; 4 from APsaA, 2 from Independent

Societies (CIPS) and 1 from Canada (CPS). The IPA Elections Committee will announce its slate of candidates for all elected positions in late September. Voting will begin in March 2019.

IV. Community Members. Caron Harrang and Maxine Nelson reporting: Maxine Nelson suggested setting the Community Member roster up the same way the Full Member and Candidate rosters are, with contact information and short narrative biographies. The board approved this idea pending cost estimate for setting this up on the website.

Action: Hollee Sweet will contact webmaster Donna Winter (Totera Web Systems) to determine costs and report to the board at the October 10 meeting.

Action: Michael Dougherty will prepare a message to Community Members, inviting them to submit their information for the website once the board has reviewed and approved the expense.

Caron Harrang discussed the Outstanding Community Member Service Award and nominated Teddy Jachim for his innovative work developing “My NPSI” and working as videographer to produce several recordings of scientific meetings available for purchase on the NPSI website. Directors and Advisory Council members heartily endorsed this nomination and voted to approve.

Action: Hollee will prepare the award certificate to be presented at the Annual Member Party and election on September 21, 2018.

V. Advisory Council Reports. Teddy Jachim, Brad Cokelet, Doug Ulrich, JoAnn Mills, Patrick Nalbone.

Teddy Jachim reported that My NSPI has videos available, and two in production. He reported that the process is going more smoothly as presenters and the audience adjust to being recorded. Teddy reported on watch statistics for each of the free videos (Introducing My NPSI and Giuseppe Civitarese’s EBOR 2014 plenary presentation), which received over 100 hits each. Doug Ulrich recommended making My NPSI its own tab on the website so it can be more easily accessed. Bradford Cokelet recommended offering one free My NPSI video to Community Members.

Teddy is researching recruiting a second videographer for NPSI to cover for times when he is unavailable due to other work commitments.

Action: Community Members will be offered one free My NPSI video (of their choice) when they renew or join for the first time.

Bradford Cokelet discussed his work as guest faculty teaching an ethics class with candidates in the Institute. He recommended continuing to provide an ethics course for the candidates each year, and additionally providing a similar for Full Members.

Action: Brad and Dana Blue will collaborate to develop an annual ethics seminar for candidates.

Becky McGuire recommended NPSI develop an ethics workshop directed specifically to psychoanalysts that would also meet the State requirement for ethics training (6 hours). Caron Harrang reported that the NPSI ExCom met with the Education Committee of the Center for Object Relations (COR) in June 2017 and discussed developing a co-sponsored training, possibly on ethics. This possibility has been forwarded to Jeff Eaton who chairs Continuing Education Committee.

Action: Brad will discuss with Jeff the possibility of his returning to Seattle to participate in an ethics workshop that might be co-sponsored with COR in 2019.

Maxine Nelson reported for Patrick Nalbome (who needed to leave the meeting early) on the search for a Treasurer to join NPSI's Board when she steps down as Secretary-Treasurer and becomes President. Caron Harrang has agreed to be Acting Treasurer until a qualified candidate is identified and approved by the Board.

Doug Ulrich reported that he will be following up with Community Members interested in the possibility of enhanced membership. Doug also explained what a Qualified Charitable Distributions is and offered to speak by phone with members who may be interested in this product as a way to contribute to NPSI.

Action: Doug will draft a concise statement on Qualified Charitable Distributions and create a short video on the same. The written narrative will be added to the website under Join and Donate with a link to the video, stored on our account with Vimeo.

VI. Education Committee. Dana Blue reporting.

Dana Blue reported that Maxine Nelson will become Acting Director of Training when Dana finishes her final term on September 21 (Annual Member Party and election).

NPSI will conduct a self-study to determine what factors may be contributing to difficulties with succession and leadership. The study will be carried out by a group of volunteers, led by Dana Blue and in consultation with John Lundgren at the Psychoanalytic Center of California. A research questionnaire will be devised and administered to all NPSI full members and candidates. Results of the survey will be aggregated but not interpreted. Instead the data will be returned to the group for further contemplation and understanding. Anyone wishing to join the self-study survey group can contact Dana Blue for more information.

Action: A letter from the NPSI Executive Committee will be emailed to the full member and candidate listservs outlining the self-study and inviting volunteers to join the ad hoc committee chaired by Dana Blue.

VII. ExCom. Caron Harrang reporting.

Caron Harrang discussed the need to recruit additional Full Member Board Members and noted that this will be a primary focus on the Board during the 2018-19 fiscal year.

VIII. Annual Member Party and Election. Caron reporting.

The second annual member party and business meeting is scheduled for Friday, September 21, 2018 from 5:30 to 8:00 pm at The Klee Community Room; 2717 Western Avenue; Seattle, WA 98121.

The meeting was adjourned at 2:00 pm.

IX. The Board will meet Wednesday, October 17, 2018 by Zoom (6:30 to 8:00 pm). The next Board/Advisory Council Brunch Meeting date is TBD.