

NPSI Annual Membership Meeting Minutes and Committee Reports

September 21, 2018

Officers:

President – Caron Harrang, LICSW, FIPA
Secretary/Treasurer – Maxine Nelson,
LICSW, FIPA
Director of Training – Dana Blue,
LICSW, FIPA

Directors:

David Jachim, PhD, FIPA
Community Member Director – John
Petrov
Candidate Representative – Becky
McGuire, MS, LMHC

Administrative Staff:

Recording Secretary – Hollee Sweet

Present: Margaret Bergmann-Ness, Dana Blue, Erin Carruth, Lynn Cunningham, Anna Delacroix, Michael Dougherty, Judy Eekhoff, Bob Fahrner, Caron Harrang, Julie Hendrickson, Ambre Lane, Becky McGuire, Michele Meola, Maxine Nelson, Alan Ness, Mirta Berman Oelsner, Robert Oelsner, David Parnes, Rikki Ricard, Jack Ringel, Mary Sacco, Barb Sewell
Absent: John Petrov, Hollee Sweet

I. The membership party was held from 5:30 to 8:30 pm. The annual business meeting was called to order at 7:00 pm.

The agenda for this meeting was to elect officers and directors to the Board, appreciate members completing their terms of office, and announce the recipient of the Annual Outstanding Community Member Service Award. As in 2017, the business meeting occurred midway through an annual social gathering for candidates, full members, community members and invited guests. The organizing committee included Margaret Bergmann-Ness, Dana Blue, Ken Cunningham, Lynn Cunningham, Bob Fahrner, and Caron Harrang (Chair).

II. Annual Report by the President and Committee Chairs (Appendix A).

Caron Harrang introduced the agenda for the business meeting and gave a brief overview of the activities of the Board of Directors for the fiscal year July 1, 2017 to June 30, 2018. This year's Report will be distributed to members and posted on the organization website after being reviewed and approved at the November 14, 2018 Board Meeting. In 2018 committee reports will be collected in June coinciding with the end of the fiscal year and the report written by the President in time for distribution at the 2019 annual party and membership meeting in the fall.

III. Revisions to NPSI Bylaws.

At this meeting Full Members voted by email to approve an amendment to the NPSI Bylaws separating the Secretary-Treasurer positions.

IV. Election of Officers and Directors.

Ballots were distributed by email to all Full Members in September to ensure that everyone had a chance to vote if they were unable to attend this meeting. Caron Harrang counted the ballots and

announced that Michael Dougherty is our new Secretary, David Jachim is elected to another term as Director and Caron will serve as Acting Treasurer while the Board continues to search for a Full Member or Community Member to fill this position.

At this meeting, Maxine Nelson moved into her new role as President while Caron became Past President.

V. Outstanding Community Member Service Award.

Each year since 2012 the Board of Directors has recognized the exceptional contributions of one of our Community Members through an award presented at the Annual Membership Meeting. This year the award was given to Theodore Jachim for co-founding with Caron Harrang “My NPSI” and serving as videographer and producer of a growing library of scientific meeting recordings available on the organization’s website (www.npsi.us.com). Unable to be present for this meeting, Teddy’s award will be presented to him during the Twelfth International Evolving British Object Relations Conference (October 12-14) closing ceremony.

Previous recipients include Daniel Benveniste (2012), David Schoolcraft (2013), Patrick Nalbone (2014), Sigrid Asmus (2015), Claudette Cummings (2016), and Connie Sais (2017).

VI. The business meeting adjourned at 8:00 pm at which time socializing resumed until 8:30 pm.

APPENDIX A

Board of Directors and Committee Reports

Introduction

Reports are grouped in the following sections:

I. Board of Directors (President's report, Secretary-Treasurer's report)

II. NPSI Institute (Education Committee)

III. NPSI Society (Continuing Education Committee, EBOR 2018 Organizing Committee, Ethics Committee, Publications Committee)

I. Board of Directors

President's Report_Caron Harrang, LICSW, FIPA

The purpose of the President's report is to summarize the activities of the Board and Advisory Council in the preceding fiscal year (July 1, 2017 to June 30, 2018) and our strategic plan to maintain the health of the organization going forward. This report is my last as I conclude my second term as President (2016-18) making way for Maxine Nelson, LICSW, FIPA who will become President at the Annual Membership Meeting on September 21, 2018.

In the past fiscal year, Directors continued to address a primary goal of increasing membership in the organization overall and on the Board. This is crucial for the organization's development as the same individuals have served on the current Board for nearly a decade. Although we have recruited two new Community Member Directors (John Petrov and Michael Dougherty) in this fiscal year, we have been unsuccessful in adding new Full Member Directors. Additionally, with Dana Blue planning to step down when she completes her current term as Director of Training the Board is actually shrinking until a new Director can be identified. No matter how much we accomplish without new Full Member Directors the future of the organization remains in jeopardy.

One strategy for growing membership has been to invite respected IPA analysts who have demonstrated an interest in the organization to apply for Full Member status. This has proved to be a slow but successful strategy with two new Full Members joining (Stan Case and Christopher Keats) this year. Moreover, two candidates graduate (Julie Hendrickson and David Parnes) have graduated, both of whom applied for membership and were voted to become Full Members. Additionally, with another EBOR conference planned for fiscal 2018-19 we anticipate an increase in Community Membership. Currently we have 24 Full Members, 11 Candidates, and 51 Community Members.

Another part of our strategic plan (https://npsi.us.com/uploads/NPSI_Strategic_Plan_2016-19.pdf) involves outreach by creating opportunities for our members to weigh in on policy issues

that shape the culture of our unique component society. For example, the Board recommended reevaluating our emeritus policy to make it more flexible and tailored to the financial needs of the organization. After polling Full Members, we voted to change our bylaws to award emeritus membership status to members 75 years of age or older and no longer deriving income from clinical practice. At the same time, we added a provision allowing any member to apply for emeritus status (no dues) based on financial hardship or serious physical illness or injury at any age.

Another aspect of outreach involved the Board inaugurating an annual membership party during which we hold a brief business to elect officers and directors and present an Annual Outstanding Community Member service award. This change in how we conduct our annual membership meeting, formerly focused on committee reports, has resulted in a dramatic increase in participation. We plan to keep this an annual event and add other opportunities for members to celebrate the richness of our community.

In last year's report, the Board introduced plans to launch a program called "My NPSI" developed by myself and Teddy Jachim (NPSI Advisory Council). The goal of the program is to develop a library of video recordings of our continuing educational offerings allowing remote viewing to members and non-members. Recordings are made available via a secure web-based platform. Recording began in 2018 with Pre-EBOR Scientific Meetings in April and June and made available via email flyers to 1,761 colleagues worldwide. We plan to continue building our library of recordings including plenary presentations at EBOR 2018. A full listing of recordings is available on the organization's website (<https://npsi.us.com/society/my-npsi>).

In closing, I would like to say how honored I have been to serve as President during the two terms of my administration with Secretary-Treasurer Maxine Nelson, Director of Training Dana Blue, Directors Michael Dougherty, David Jachim, John Petrov, and Administrator/Recording Secretary Hollee Sweet. The Board has functioned as a productive and creative work group with much to be proud of. That said, our efforts to grow the Board have been only modestly successful. If you are a Full Member reading this report, I invite you to contact me about attending a board meeting as a guest (caron@caronharrang.com). By attending you will acquire a behind-the-scenes understanding of how your organization operates and the real difference you can make if you choose to apply for a Director position.

Secretary-Treasurer's Report _Maxine Nelson, LICSW, FIPA

Part I of this report summarizes the NPSI financial position as well as listing major recurring expense categories and sources of revenue.

Part II describes the activities of the ad hoc Finance Committee to develop policies and procedures to enable the NPSI Board to set organizational and program goals tied to our three-year strategic plan (http://npsi.us.com/uploads/NPSI_Strategic_Plan_2016-19.pdf).

Part I: Financial Position

Fiscal year 2016-17 ended with a deficit of \$759.13, due to the purchase of additional video equipment (\$1,964.67) for My NPSI. In order to protect the fiscal health of the organization we encourage all members to consider making an annual tax deductible donation to support the activities of the NPSI Society and Institute (e.g. scholarships for candidates). This can be done online under the “Join and Donate” tab on the website (www.npsi.us.com).

In addition, we’d like members to be aware that Amazon has a secondary website, AmazonSmile. Anyone wishing to support the mission of NPSI can register on the AmazonSmile website (<https://smile.amazon.com>) by selecting us as your preferred charity. Each time you shop at AmazonSmile you will receive a pop-up reminder that authorizes Amazon to donate a small percentage of the purchase price to NPSI. It’s an easy way to donate and participate in helping NPSI to remain fiscally healthy.

Bank Accounts:

Checking: \$22,780.64
Savings: \$15,132.56
Investment: \$27,110.14

Major Recurring Expense Categories:

Telephone/Website & Email/Constant Contact
Dues (IPA, NAPsaC, CIPS)
PEP WEB
Insurance (Business and Liability)
Payroll (Administrator)
Professional fees (Lobbying, Faculty, Accounting, Website)
International Evolving British Object Relations Conference (EBOR)
Occupancy/Rent

Revenue Sources:

Membership dues (Full Members and Community Members)
Candidate tuition
Cash donations
Psychoanalytic Psychotherapy Program (The Fundamentals of Psychoanalysis and Study Groups)
Scientific Meetings

Part II: Ad hoc Finance Committee

Finance Committee:

John Petrov
Maxine Nelson, LICSW, FIPA (Chair)
Patrick Nalbhone, PhD

An ad hoc Finance Committee was established at the beginning of 2016 and has met on an as needed basis, typically two to three times per year. The committee consists of NPSI Secretary-Treasurer Maxine Nelson, LICSW, FIPA (Chair), Director John Petrov and Advisory Council

member Patrick Nalbone, PhD, with the assistance of Hollee Sweet, Administrator.

The committee's mission is to develop policies and procedures to enable the NPSI Board to set organizational and program goals in relation to both a long-range strategic plan and to an annual operations plan consistent with overall operating expenses and income.

The Finance Committee has accomplished a great deal since starting the assessment of NPSI's financial process, which began with the initial ACPE accreditation in 2015. This effort has been primarily focused on creating clearer, more comprehensive reports with the ultimate goal of creating a budget that will tie finances to strategic planning. The Committee is pleased to report that NPSI's first-ever budget was created in 2018 and presented to the Board at its annual Board/Advisory Council retreat on September 8, 2018. The budget was also included as part of NPSI's MOAS (Memorandum of Accreditation Survey) report to ACPEinc.

Most recently, we have developed a comprehensive policy document (NPSI Budget Process and Policies—Revised March 12, 2017) that could become formalized by incorporating it into the Board's Policies and Procedures Manual. It has been informally approved and will be reviewed in the next fiscal year.

Producing adequate financial reports remains a work in progress although a major step towards this goal was taken when our Administrator, Hollee Sweet, attended a webinar, "QuickBooks for Nonprofits," through Washington Nonprofits in December 2017. NPSI also upgraded to the latest version of QuickBooks, which enables Hollee to produce more detailed reports.

The goal continues to be producing adequate reports using three program categories (Administration/General; Institute; Society) on a monthly or quarterly and annual fiscal year basis that will then provide data to assess past-year revenue and expenditures, budget future-years tied to multi-year strategic plans and annual operating plans with clear narratives about objectives; and then routinely using these for ongoing operational decision making during each fiscal year.

There has also not been adequate Board or Administrator training to take the next steps, nor to commit resources toward setting up the necessary computer systems. As a result, the organization's "readiness for change" remains in a developmental stage.

The Finance Committee has recommended the following steps for the next fiscal year:

1. Official adoption by the Board of the NPSI Budget Process and Policies (Revised March 12, 2017) document in principle, for inclusion in the Board Policies and Procedures Manual.
2. Obtain a financial audit by an accounting firm experienced in working with nonprofit organizations.
3. Set up a schedule for implementation of the annual fiscal year budget and financial reporting process as outlined in the Budget Process and Policies document with the goal of full implementation and operational use by 2020. This is a multi-year effort to allow for a transitional period during which decision makers learn how to use the system while maintaining flexibility to

make corrective changes based on experience. It might be that the next Treasurer be tasked with this responsibility, understanding that successful implementation will require engagement by the entire NPSI Board.

II. NPSI Institute

Director of Training Report, Dana Blue, LICSW, FIPA

Each section of this report is authored by the Committee or Subcommittee Chair.

Education Committee:

Dana Blue, LICSW, FIPA (Chair and Director of Training)

Maxine Nelson, LICSW, FIPA with Dana Blue, LICSW FIPA (Admissions Subcommittee)

Judy K. Eekhoff, PhD, FIPA (Progression Subcommittee)

Barb Sewell, LMHC, FIPA (Curriculum Subcommittee)

Margaret Bergmann-Ness, MA, LICSW (Candidates Subcommittee)

David Parnes, LICSW FIPA (Psychoanalytic Psychotherapy Subcommittee)

Dana Blue, LICSW FIPA (for Training and Supervising Psychoanalyst Subcommittee)

Hollee Sweet (Recording Secretary)

Introduction

The mission of NPSI is to provide the highest quality psychoanalytic education and training for individuals seeking to become psychoanalysts and psychoanalytically informed psychotherapists.

The NPSI Institute contains our training programs, and the Education Committee (EC) is responsible for the cultivation and maintenance of the programs. The EC is comprised of the chairs of various subcommittees: Admissions, Candidates, Faculty and Curriculum, Progression, Psychoanalytic Psychotherapy Program, and Training and Supervising Psychoanalysts and possible ad hoc committee chairs. The EC functions to establish policy for the Institute, and as a bi-directional communication hub to coordinate activities of its component subcommittees. To further this coordination, the Director of Training also sits on the NPSI Board of Directors. Some or all members of the EC meet on an as-needed basis with the candidate group to discuss policy implementation and other pressing concerns.

This report begins with a summary of EC activities overall, continues with reports from each of subcommittee outlining the activities of fiscal 2017-18, and concludes with a glimpse of plans for work in the coming year.

Summary of Activities

The EC met every-other month until April 2018, gathering together Chairs of NPSI Institute Subcommittees to exchange information and establish policies. In early 2018, in an effort to increase participation in the Education Committee, we changed our protocols to give every faculty member a vote on EC agenda issues and since April 2018 have held monthly meetings with the Education Committee and all faculty members who wished to attend. These meetings have been lively and have generated new ideas and energy for the program.

Maintenance of Accreditation:

In summer 2015 the Accreditation Council for Psychoanalytic Education (<https://www.acpeinc.org>) granted NPSI an initial one-year accreditation for our training program in psychoanalysis. In 2016, the EC, supported by the NPSI Board, prepared and filed an extensive follow-up report outlining progress we made on issues identified in our initial accreditation, and we were then granted full accreditation (5 additional years). In August 2018, the EC prepared and filed our annual Maintenance of Accreditation Survey.

Scholarships:

In the 2017-18 Academic Year we realized a dream of making scholarships available to NPSI candidates, and we granted the first application for a full term of tuition. The amount authorized for this academic year has a cap of \$2,500, apportioned among qualified applicants. An application form is available to download on the NPSI website. Board Director David Jachim, NPSI will process applications.

Education Policies and Procedures Manual:

Throughout this report readers will notice an emphasis on efforts to formalize and make more transparent the policies and procedures that guide Institute operations. Outgoing Director of Training Dana Blue is continuing work with NPSI Administrator Hollee Sweet to develop a Policy and Procedures Manual. When complete, the Manual will be available in the NPSI library for reference by all members of the Society and Institute.

Ethics Training:

We selected visiting Ethics Professor Brad Cokelet as our inaugural teacher this year. Brad offered a program for all candidates on the first day of classes on Psychoanalytic Ethics. The program was very well received and we look forward to hosting Brad again next year.

Perhaps the most robust evidence of wellbeing in the NPSI Institute is the increase in enrollment in our training programs, and the steady progression of candidates within these programs. In 2018, we oversaw the graduations of two former candidates, Julie Hendrickson, LMHC FIPA and David Parnes, LICSW FIPA, and rumor has it that 5-6 more will take place within the next year or two! An incoming cohort of six future analysts began in 2017, and successfully completed the first year in June including our first ever “exchange student”. Our newest pre-didactic candidate, Helen Widlansky, PhD is the first to have been admitted for the class to begin in 2019. In consultation with Caron Harrang, and David Parnes, LICSW FIPA, Don Ross, MD, devised and began offering a monthly clinical seminar for experienced psychotherapists. There are 10 participants for this inaugural year. David Parnes is heading up the Psychotherapy Training Program this year, and there are 8 enrolled students in this year’s Fundamentals of Psychoanalysis. We began a second Infant Observation section this fall, and 5 students have joined. Judy Eekhoff, Progression chair, Maxine Nelson, Admissions, Dave Parnes for Psychotherapy Training, Margaret Bergmann-Ness and Candidate President, Barbara Sewell as Curriculum Chair and Dana Blue, as Director of Training, have worked in concert to shepherd this burgeoning of interest in NPSI and its programs.

There are transitions to note on the Education Committee. Judy Eekhoff will pass the baton of Progression Committee Chair to David Rasmussen,.Dana Blue will complete her second term as Director of Training. Since we have no qualified applicant for the position at present, Maxine Nelson will serve as interim Director of Training in addition to assuming the duties of President of NPSI. The Chairs of the Education Committee Subcommittees will offer additional administrative support, during this time, and we are very pleased to have the input of all faculty in the continued administration of the NPSI training programs.

Subcommittee Reports

Admissions Subcommittee:

Margaret Bergman-Ness, LICSW, Candidate Representative
Dana Blue, LICSW, FIPA
Maxine Nelson, LICSW, FIPA (Chair)

The NPSI Admissions committee held an Open House in April, admitted one candidate to our future didactic class to begin in 2019, and helped several others begin applications for that cohort. Further, we organized, with Curriculum, a new section of Infant Observation, and vetted applications for the group of 5 begin in October of 2018. We also worked with the Psychotherapy Program chair to develop a new offering, a clinical seminar aimed at career psychotherapists, and to prepare a new section of Fundamentals of Psychoanalysis for the upcoming academic year, based on evaluations by faculty and students in this year's program.

The chair will rotate in September, 2018 from Maxine Nelson to Dana Blue. Open Houses and other active recruiting is being prepared for 2018-19. Look for us at the 2018 EBOR conference where we will be hosting an informational program on training at NPSI.

Candidates Subcommittee:

Margaret Bergmann-Ness, LICSW, Candidate President (Chair)
All current candidates (<http://npsi.us.com/society/member-roster>)

During the academic year of 2017-2018, the candidate committee continued to meet monthly in order to provide a forum for the exchange of information between the NPSI Board, the Institute's component committees, and the candidates. Candidates' service as representatives on the Institute's Board, as well as the Education, Curriculum, Admission, and Progression committees, facilitated this ongoing exchange of information.

These meetings also served as a forum for candidates to provide informational and collegial support to one another. This was particularly important given the needs of the new cohort of candidates which began training in Fall 2017. In general, all candidates were well served by these meetings.

All candidates have demonstrated progression in their training in this academic year.

The candidates also provided support for the graduation ceremonies and celebrations of the two candidates who graduated from training in this academic year.

Curriculum Subcommittee:

Anna Delacroix, LMHC (Candidate Representative)

Esti Karson, PhD, FIPA

Barbara Sewell, LMHC, FIPA (Chair)

In addition to ongoing tasks guided by curriculum policies and procedures (shown below) the Committee has been active during fiscal 2017-17 in the following areas:

1. Collecting faculty and candidate feedback from classes and utilizing this feedback to inform faculty how candidates perceive the classes in order to continue to improve the quality of the courses and to continue to create a rich dialogue between NPSI candidates and teaching faculty.
2. Academic Calendar.
Teachers for the didactic calendar for the newest NPSI candidate class are currently being sought. With the new class coming in there are some analytic conflicts and it has been difficult to find instructors to fill all of the classes.
3. Electronic Filing System including syllabi of all didactic classes.
The biggest project the Committee has taken on is to create an electronic filing system to contain syllabi from all didactic classes. This project was completed using “One Note” filing system and is ready to be placed on the NPSI website.

Curriculum Committee Policies and Procedures

I. Establish a Core Curriculum for each class that enters.

Procedure: Form a Committee and talk about the Curriculum.

A. Committee Tasks:

1. Discuss what has worked, what might we want to change, who will investigate other ways of teaching (as for instance Freud), talk to other institutes, research teaching methodology.
2. Write up a curriculum format.
3. Submit to EC and TA committee.
4. Take suggestions and make changes
5. Submit another Curriculum and format
6. Implement the new Curriculum with new candidates.

II. Select Instructors for Didactics and Clinical Seminars.

Procedure:

A. Discuss in Curriculum Committee and brainstorm possible instructors taking into consideration Ted Jacobs and Brian Robertson's suggestion that we include more faculty and distance faculty.

B. Send out an invite to NPSI faculty.

C. Consider who has volunteered and who has not and send out personal invitations paying close attention to IPA guidelines that require a T.A. to anchor clinical seminars. Also paying attention to candidate feedback regarding instructors.

D. Develop Guidelines to vet potential instructors?

III. Helping Instructors Plan for Classes

Procedure:

A. The Chair of the Curriculum Committee will contact each instructor regarding the dates of teaching and the need to have a written syllabus (didactic) and written learning objectives.

B. When the learning objectives and class syllabus have been formatted the instructors will forward these to the Chair of the Curriculum Committee, who will then forward these to the committee for discussion and feedback. Suggestions and/or comments will be passed on to the faculty and may result in a subsequent proposal with changes.

C. When the class syllabus and learning objectives have been examined and agreed upon by the Curriculum committee the class will proceed.

D. If the instructors in either the didactic or clinical seminars have dates when they will be out the Chair of Curriculum may aid in finding faculty to cover the seminar.

IV. Evaluations and Feedback: The Curriculum Committee processes candidate feedback regarding clinical seminars and didactic seminars and distributes this information to instructors.

Procedure:

A. The NPSI Administrator distributes guidelines to the instructors at the beginning of the classes.

B. On the week of the second to the last class the Chair of the Curriculum Committee sends all instructors a reminder to give the class the evaluations and ask them to bring them back at the last class or to give them 5 minutes at the beginning of class to complete the evaluations.

These evaluations should then be placed in a sealed envelope and put in the box of the Chair of Curriculum.

C. The Curriculum Committee will look at these at their next meeting which will be as soon as is feasible. If the feedback is negative or is deemed by the committee sensitive enough to be delivered personally then it will be discussed and someone will be assigned to talk to the instructor. If the feedback is deemed appropriate for immediate transmission it will be scanned and sent out to the instructors immediately.

V. Other: When issues arise at NPSI that have to do with the Academic Training (schedule, auditing classes, fee for classes) the Curriculum Committee will meet to discuss and make recommendations to the EC.

Progression Subcommittee:

Lynn Cunningham, LICSW (Candidate Representative)

Judy K. Eekhoff, PhD, FIPA (Chair)

Esti Karson, PhD, FIPA

David Rasmussen, PhD, FIPA

Barbara Sewell, LMHC, FIPA

The committee meets the fourth Wednesday each month. October, December, February, April and June meetings review reports on control cases. On alternate months the committee discusses policies and procedures and clarifies those in light of evolving needs. Each member of the committee serves as a file monitor for three or more candidates. The committee also meets yearly with each candidate to discuss their progression and any issues they may have regarding their training.

Academic Year 2017-18

The Progression committee has worked diligently to support and encourage candidates. All are progressing nicely, except one. Currently, three candidates are writing their graduation papers and five have passed their Oral Exam. One candidate is currently taking their Exam. Six candidates are progressing into their second year of training.

The Candidate Handbook has been continually updated and refined.

In September, 2018 David Rasmussen, PhD, FIPA will assume the Chair of Progression. Judy Eekhoff, PhD, FIPA will continue on the committee for another year. We thank Judy wholeheartedly for her long and valuable service as PC Chair!

Training and Supervising Psychoanalyst Subcommittee:

Maxine Anderson, MD, FIPA
Cecile R. Bassen, MD, FIPA
Mirta Berman-Oelsner, PsyA, LMHC, FIPA
Dana Blue, LICSW, FIPA
Stan Case, LICSW FIPA
Elie Debbane, MD, FIPA
Judy K. Eekhoff, PhD, FIPA
Caron Harrang, LICSW, FIPA
Ken King, MD, FIPA
Robert Oelsner, MD, FIPA
Adriana Prengler, LMHC, FIPA
Marianne Robinson, MSW, PhD, FIPA
Oscar Romero, MD, FIPA

The position of Chair is currently vacant. This report was prepared by Dana Blue.

The TA subcommittee meets on an as needed basis, this year convening to discuss training standards, the selection process for Training and Supervising Psychoanalysts, and lending support to the task of finding a Director of Training. In 2018 we will be working to define the mission of the Training and Supervising Psychoanalyst Subcommittee within NPSI.

Psychoanalytic Psychotherapy Program Subcommittee:

Dana Blue, LICSW, FIPA (Co-Chair)
Dave Parnes, LICSW (Co-Chair)

In the fall of 2015 NPSI inaugurated a new certificate course titled “The Fundamentals of Psychoanalysis”. The course syllabus was developed by Maxine Anderson, MD, FIPA, Dana Blue, LICSW, FIPA, and Adriana Prengler, LMHC, FIPA.

Course participants met weekly through the academic year to study the bedrock concepts of psychoanalytic theory and technique. Faculty rotated monthly, so that by the conclusion of the course, students had met many NPSI full member and senior candidate instructors in addition to becoming better acquainted with many of the psychoanalytic concepts that underlie our field.

Year One, which was completed in June 2016, proved so popular that students requested a second year. Year Two launched in October 2016 with 10 students, some of whom were continuing from Year One, and was completed in June, 2017.

In October 2017, the program offered the Year One Curriculum, slightly revised and improved, to community mental health professionals.

In October of 2018, Year Two will launch under the leadership of David Parnes, LICSW, FIPA

Conclusion and Plans for fiscal 2018-19

Dana Blue will complete her term as Director of Training in the fall of 2018. Maxine Nelson will complete her term as Chair of Admissions in September, and Dana Blue will assume that role. Maxine Nelson will serve as Acting Director of Training, while also serving as NPSI President. David Rasmussen will replace Judy Eekhoff as Chair of Progression, and the Psychoanalytic Psychotherapy Program Chair will be assumed by David Parnes. The Training and Supervising Psychoanalyst Chair position remains vacant. In addition to supporting the work of the Institute, a primary goal for the Education Committee in this fiscal year will be one of fostering succession by identifying and supporting emerging leaders for NPSI. We look forward to the help and support of all faculty in this endeavor.

III. NPSI Society

Continuing Education Committee Report July 1, 2017 - June 30, 2018 Adriana Prengler, LMHC, FIPA (Chair)

Continuing Education Committee:

Adriana Prengler, LMHC, FIPA (Chair)

Anna Delacroix, LMHC (Candidate)

Lynn Cunningham, LICSW (Candidate)

Mary Sacco, LMHC (Candidate)

Margaret Bergmann-Ness, LICSW (Candidate President)

The Continuing Education committee began its work in November 2016 and followed the schedule of previous scientific meetings (third Wednesday of each month). The committee finished its work in February 2018.

During the period between July 1, 2017 - June 3, 2018 the committee continued organizing scientific meetings that foster discussion of theoretical and clinical material presented by members of the NPSI Society. The committee also sought to attract new and young mental health professionals with the goal of outreach for the Society by inviting local mental health professionals to attend our meetings.

The following scientific meetings were organized:

September 2017: No scientific meeting in observance of the Jewish New Year holiday the third week of the month.

October, 18, 2017: Scientific Meeting: Judy Eekhoff, PhD, FIPA and Barb Sewell, LMHC, FIPA (Presenters). Screening and discussion of the BBC film “Observation Observed” on infant observation.

November 18, 2017: Special Event: “Psychoanalysis in Seattle: Meet Our Local Authors” held at the Seattle Labor Temple.

Meet Our Local Authors was an innovative first-time program sponsored by NPSI with participation by members of NPSI, SPSI, Jungian analysts and other psychotherapists in the community. The vision was to bring together authors or editors of twelve books that were written here in the Seattle area, have them each present brief summaries of their books and thereby demonstrate the creativity and productivity of our local psychoanalytic and psychotherapeutic community. The event was held on Saturday, November 18, 2017 at the Labor Union Temple in Seattle and considered a success.

The group that organized the event was the Continuing Education Committee of NPSI: Adriana Prengler (Chair), Anna Delacroix, Lynn Cunningham, Margaret Bergman Ness, Mary Sacco and Erin Carruth as liaison from the Alliance.

Authors had five minutes each to present the essence of their books. After one hour of authors’ presentations, the audience asked questions and made comments. This was followed by a toast to the creativity and productivity of the Seattle psychological community. There then followed time for the audience to speak directly with the authors and view or purchase books.

Participating Authors and Editors:

1. Maxine Anderson: “The Wisdom of Lived Experience: Views from Psychoanalysis, Neuroscience, Philosophy and Metaphysics” (2016).
2. Roy Barsness (Editor): “Core Competencies of Relational Psychoanalysis: A Guide to Practice, Study and Research (2018).
3. Daniel Benveniste: “The Interwoven Lives of Sigmund, Anna and W. Ernest Freud: Three Generations of Psychoanalysis” (2015).

4. Robert Bergman: “Mindless Psychoanalysis, Selfless Self Psychology: and Further Explorations” (2008)
5. Dana Blue & Caron Harrang (Editors): “From Reverie to Interpretation: Transforming Thought into the Action of Psychoanalysis” (2016).
6. Margaret Crasnopol: “Micro-trauma: A Psychoanalytic Understanding of Cumulative Psychic Injury” (2015).
7. Jeff Eaton: “A Fruitful Harvest: Essays after Bion” (2011).
8. Joan Fiset: “Namesake” (a novel) (2015).
9. Ladson Hinton (Co- editor): “Temporality and Shame: Perspectives from Psychoanalysis and Philosophy” (2017).
10. Ken Kimmel: “Eros and the Shattering Gaze: Transcending Narcissism” (2011).
11. Shierry Weber Nicholson: “The Love of Nature and the End of the World: The Unspoken Dimension of Environmental Concern” (2001).
12. Robert Oelsner (Editor): “Transference and Countertransference Today” (2013).

January 17, 2018: Scientific Meeting: Patrick Nalbone, PhD (Presenter). Jeff Eaton, MA, FIPA, discussant. “Mind as a Nonlinear Dynamic System and Wilfred Bion as a Paradigm-Shifter for Psychoanalysis”.

February 21, 2018: Scientific Meeting: Maxine Nelson, LICSW, FIPA (Presenter), Chris Keats, MD, FIPA (Discussant). “Emotional Aliveness and The Capacity to Mourn: A Psychoanalytic Journey”.

The committee finished their work with this scientific meeting. In March, Caron Harrang, LICSW, FIPA took charge of scientific meetings, organizing Pre-EBOR 2018 scientific meetings from March through June 2018.

In July 2018 Jeff Eaton, LMHC, FIPA will assume the chair of the Continuing Education Committee.

EBOR 2018 Organizing Committee_Caron Harrang, LICSW, FIPA (Chair)

EBOR 2018 Committee:

Margaret Bergmann-Ness

Erin Carruth

Joanne della Penta

Debora de Mello (International section, Brazil)

Caron Harrang (Chair)
Luca Nicoli (International section, Italy)
Jeffrey Ochsner
Carolyn Steinberg (International section, Canada)
Hollie Sweet (Administrator)
Drew Tillotson
Nancy Winters

Twelfth International Evolving British Object Relations Conference
“The Body as Psychoanalytic Object: Clinical Applications from Winnicott to Bion and Beyond”
Sponsored by Northwestern Psychoanalytic Society and Institute
October 12-14, 2018

Caron Harrang began planning EBOR 2018 in the spring of 2017 by inviting Lesley Caldwell, MA, PhD, FIPA and a few months later, Robert Oelsner, MD. Both presenters will address the body as psychoanalytic object, seen through a Winnicottian lens (Caldwell) and a Bionian lens (Oelsner) as applied in clinical work with patients engaged in psychoanalysis and psychoanalytically informed psychotherapy.

As in past years, EBOR 2018 will be held at the Pan Pacific Hotel and include pre-conference Master Classes on Friday taught by Lesley Caldwell and Robert Oelsner. Each instructor will conduct two two-hour seminars with clinical material provided by invited analysts.

The Organizing Committee included an Executive Committee comprised of Caron Harrang (Chair), Drew Tillotson, and Nancy Winters who designed the conference, invited proposals from psychoanalysts and psychoanalytically informed psychotherapists worldwide and provided oversight to the paper review process. Due to the popularity of the conference theme and successful marketing there was a threefold increase in proposal submissions as compared with past EBOR conferences. The richness of the paper proposals inspired the organizers to add a third individual paper session to this year’s conference. Drew is Past President of the Psychoanalytic Institute of Northern California (PINC) and Nancy is a Training and Supervising Psychoanalyst at the Oregon Psychoanalytic Center (OPC). Both are NPSI Community Members.

During fiscal 2017-18 the Organizing Committee sponsored three Pre-EBOR Scientific Meetings at NPSI (shown below). Pre-EBOR meetings were intended to provide theoretical background to the conference theme for local colleagues and, thanks to “My NPSI” video recordings, to colleagues worldwide.

March, 18, 2018: Robert Oelsner, MD, FIPA (Presenter), “When the Body is a Clinical Fact.”

April 18, 2018: Caron Harrang, LICSW, FIPA (Presenter), “Winnicott’s View of the Mind in Relation to Psyche-Soma and the Development of Healthy Dependency in the Analytic Setting.”

May, 16, 2018: Dana Blue, LICSW, FIPA and Barbara Sewell, LMHC, FIPA (Presenters), "Winnicott's Words: Lexicon, Language and Key Concepts in 'On the Basis for a Self in the Body'"

June 20, 2018: Judy K Eekhoff, PhD, FIPA (Presenter), "The Ego is First and Foremost a Body Ego"

Ethics Committee_(Chair position is unfilled)

In the past fiscal year there have been no complaints. The Chair position for this standing committee remains unfilled. The Board is searching to find a qualified full member to chair the committee that will focus on continuing ethics education for all levels of membership and processing ethics complaints should they arise.

Publications Committee_Hollee Sweet (Managing Editor) *Selected Facts: Newsletter of Northwestern Psychoanalytic Society and Institute*

Newsletter Staff:

Anna Delacroix, LMHC (Copy Editor)
David Parnes, LICSW, FIPA (Reporter)
Connie Sais, MA, LMHC (Reporter)
Hollee Sweet (Managing Editor)

The main activity of the Publications Committee is producing *Selected Facts: Newsletter for Northwestern Psychoanalytic Society and Institute*. The Managing Editor of the newsletter chairs the Publications Committee. Each issue of the newsletter is reviewed and approved by the President prior to publication.

The upcoming winter issue will include committee reports to keep our readers updated on the many accomplishments and goals of the various committees at NPSI, as well as conference reviews of our Twelfth International Evolving British Object Relations Conference (October 12-14, 2018) submitted by participants.