Fundamentals of Psychoanalysis I

Unit I: What is Psychoanalysis?
October 2017 (Faculty: Mirta Berman-Oelsner, PsyA, LMHC, FIPA)

The psychoanalytic method; from hypnosis to free association. The Interview and The Contract. The importance of the psychoanalytic frame. Differences between psychotherapy and psychoanalysis. Contradictions and limitations of psychoanalysis.

Class 1 (October 5)


Class 2 (October 12)


Class 3 (October 19)

Freud, S. (1913). On Beginning the Treatment (further recommendations on the technique of psychoanalysis. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII. (pp. 121-144)

Class 4 (October 26) - Case presentation

Unit II: Basic Psychoanalytic Concepts
November 2017 (Faculty: Don Ross, MD)


Class 1 (November 2)

Freud. (1915) The Unconscious. Chapters 1, 2, 3. S.E. 14, pp. 159-179.
Class 2 (November 9)


Class 3 (November 16) - Case presentation

Class 4. THANKSGIVING HOLIDAY.

Unit III: Libido Theory
December 2017 (Faculty: Robert Oelsner, MD)

Libido Development. Impulses. Oedipus Complex.

Class 1 (December 7)


Class 2 (December 14)


Class 3 (December 21) – Case presentation

Class 4: NO MEETING ON CHRISTMAS/NEW YEAR’S EVE

Unit IV Psychoanalytic Technique I
January 2018 (Faculty: Maxine Nelson, LICSW, FIPA)


Class 1 (January 4)

frame and the analytic attitude, pp. 94-130.


Class 2 (January 11)


Class 3 (January 18)


Class 4 (January 25) - Case presentation

Unit V: Psychoanalytic Technique II
February 2018 (Faculty: Dave Parnes, LICSW)


Class 1 (February 1)


Class 2 (February 8)


Class 3 (February 15)


Class 4 (February 22) - Case presentation

Unit VI: Interpretations of Dreams
March 2018 (Adriana Prengler, LMHC, FIPA)

What is a dream? Manifest and latent dream content; Condensation, displacement, representability; secondary revision; Forgotten dreams; regression; Dream types: wish fulfilling, punishment, anxiety dreams, traumatic dreams; Dream interpretation.

Class 1 (March 1)


Class 2 (March 8)


Class 3 (March 15)


Class 4 (March 22) - Case presentation
Unit VII: Symptoms, Slips and Jokes from a Psychoanalytic Perspective.
April 2018 (Becky McGuire, LMHC)


Class 1 (April 5)


Class 2 (April 12)


Class 3 (April 19)


Class 4 (April 26) - Case presentation

Unit VIII: Transference and countertransference; Dynamics of Transference; Transference and repetition.

May 2018 (Faculty: Julie Hendrickson, MA, LMHC)
Class 1 (May 3)


Class 2 (May 10)


Class 3 (May 17)


Class 4 (May 24) - Case presentation

Unit IX: Evolving British Object Relations: Basic Concepts.
June 2018 (Faculty: Anna Delacroix, MA, LMHC)

Class 1 (June 7)

Hannah Segal. Introduction to the work of Melanie Klein. Introduction, Chapter 1 (Fantasy) and chapter 2 (Paranoid-Schizoid positions). pp. 11-38

Class 2 (June 14)

Klein, Melanie (1932). The Psycho-analysis of Children. Introduction,
Chapters 1 (Foundations) and 2 (Technique). The International Psychoanalytical Library London: The Hogarth Press.

Class 3 (June 21)


Class 4 (June 28)

Course Evaluation; Awarding of Certificates